



**INTERNATIONAL INSTITUTE ON AGEING UNITED NATIONS MALTA**

**ANNUAL REPORT  
2018**





STOILOV 1997



## DIRECTOR'S FOREWORD

The second half of the 20th Century witnessed unprecedented demographic changes. Declining fertility rates and mortality levels, and major improvements of life expectancies at birth, had far-reaching effects on global population trends, to the extent that the present epoch has been referred to as the 'age of ageing'. Indeed, despite some exceptions – such as particular former Soviet Union Republics and African countries where the longevity trend has been reversed – the prospect of a steadily ageing population is common to most nations.

It suffices to say that while in percentage terms the global population aged 60-plus increased from eight per cent in 1950 to 10 per cent by 2000, in numerical terms this accounted for an increase from 200 million to 600 million older adults. It is expected that by 2050 the absolute figure will reach two billion – another tripling in just over half a century – whilst the percentage of persons aged 60-plus will have reached more than a fifth of the total global population (21 per cent). The projected numbers of persons aged 80-plus show an even greater increase, rising from 70 million to 401 million in the 2000–50 period. In national terms, Japan and European countries such as Germany, Italy, Sweden and Greece, are considered to be the 'oldest' nations, with between 18 and 21 per cent of citizens aged 65-plus. However, in the coming half a century other countries will be experiencing exceptionally ageing transitions. For example, by 2060 the population aged 65-plus is projected to reach 36 per cent in Latvia, and 35 per cent in Poland and Romania.

Since its establishment, the International Institute on Ageing United Nations – Malta (INIA) has been at the vanguard of international efforts to ensure that policy structures in low-income countries and countries with economies-in-transition are better equipped to deal with the economic, social and health challenges brought on by population ageing. During the past quarter of a century, INIA has acquired unique experience and expertise in organising training programmes in various areas of policy development, services and practices all over the world.

The 2018 calendar year was certainly a busy calendar period for INIA in its work to train personnel from low-income countries and from countries with economies-in-transition, who are working or who intend to work in the field of ageing or with older persons, in providing advocacy to low-income countries and to countries with economies-in-transition in matters concerning capacity building, and in facilitating information exchange in the field of ageing. This year witnessed the organisation of two international training programmes in Malta – namely, in *Implementing Dignity and Respect in Dementia Care* and *Memory Training in Later Life and Dementia Care*. INIA also conducted **13 in-situ training programmes** which benefited a total of **587 participants**. Training missions were held in a total of **11 countries** – namely, Nigeria, South Africa, Lebanon, Turkey, The People's Republic of China (Nanjing, Beijing and Chengdu), India, Azerbaijan, Kuwait, Georgia, Egypt, and Nepal.

Plans for next year are equally ambitious, as INIA is organising various training programmes in Malta, in addition to a number of *in-situ* programmes in Asia, South America, Eastern Europe, and Africa.



**Professor Marvin Formosa**  
**Director – INIA**

## INTERNATIONAL INSTITUTE ON AGEING UNITED NATIONS – MALTA

The International Institute on Ageing United Nations – Malta (INIA) was set up as a result of a recommendation by the United Nations Economic and Social Council in its Resolution 1987 to the Secretary General of the United Nations. The need for such an Institute was recognised in the Vienna International Plan of Action on Ageing adopted by the first World Assembly on Ageing in 1982, in its Resolution 37/51 which recommended *inter alia*, the promotion of training and research, and the exchange of information and knowledge in order to provide an international basis for social policies and action. INIA was established in Malta in 1987 as an autonomous body under the auspices of the United Nations, following an agreement between the Maltese Government and United Nations.



INIA's international Board Members with past Chairman of the Board Mr Wu Hongbo

### MANDATE

The International Institute on Ageing United Nations – Malta (INIA) mandate is to train personnel from low-income countries and from countries with economies-in-transition who are working or who intend to work in the field of ageing or with older persons; to provide advocacy to low-income countries and to countries with

economies-in-transition in matters concerning capacity building; and to act as a practical bridge between high-income countries and low-income countries as well as countries with economies-in-transition in the area of information exchange in the field of social gerontology, long-term care and dementia.



## INTERNATIONAL BOARD MEMBERS

Mr. Lui Zhenmin (*Chairman of the Board*)

United Nations Under-Secretary-General for Social and Economic Affairs.

Professor Isabella Aboderin

African Population and Health Research Centre, Kenya.

Professor Toni M. Calasanti

Virginia Tech University, United States of America.

Professor Jose R. Jauregui

Director Unidad de Investigación en Biología del Envejecimiento, Argentina.

Professor Malcom Johnson

University of Bath, United Kingdom.

Dr. Olga Mikhailova

St. Petersburg Institute of Bio-regulation and Gerontology, Russian Federation.

Professor Du Peng

Renmin University, People's Republic of China.

H.E. President Emeritus Dr. Ugo Mifsud Bonnici

President of Malta 1994–1999.

Professor Anthony Zammit

Surgeon and former Member of Parliament in Malta (*Deceased*).





## IN-SITU TRAINING PROGRAMMES

Following its establishment, the International Institute on Ageing United Nations – Malta immediately envisaged that the organisational experience acquired from the Malta-based training programmes should be carried over overseas as *in-situ* programmes. The latter are generally modelled on the same pattern with a complement of local staff in addition to INIA's international lecturers and other invited lecturers. The advantage of the *in-situ* programmes is that the training can be specifically tailored as appropriate to, and rooted in, local socio-economic conditions and needs. Furthermore, the *in-situ* programmes are more varied and interdisciplinary in nature, and dealing with a range of various issues.

As shown in the Table below, **587 participants** working with older persons or in the field of ageing, have benefited from the **13 *in-situ* training programmes** which were organized by INIA during 2018. The *in-situ* programmes were

organised in **11 different countries**, namely: Nigeria, South Africa, Lebanon, Turkey, The People's Republic of China (Nanjing, Beijing and Chengdu), India, Azerbaijan, Kuwait, Georgia, Egypt, and Nepal.



As in past years, in running its *in-situ* training programmes INIA made use of a strong multi-disciplinary team of international and local experts. This ensures the highest possible form of professional training in the fields of Gerontology and Geriatrics while emphasising the totality of the human person. At the same time, it enables the participants to benefit from the wide variety of the tutors' knowledge and expertise.



## IN-SITU TRAINING PROGRAMMES

DATES	CITY/COUNTRY	IN COLLABORATION WITH
5-9 March	Abuja, Nigeria	Dave Omokaro Foundation <b>(28 participants)</b>
12-14 March	Johannesburg South Africa	International Longevity Centre (South Africa) South African Gerontological Association, National Department of Social Development, & North-West University <b>(18 participants)</b>
12-14 April	Tripoli, Lebanon	Middle East Academy for Medicine of Ageing & Abyad Medical Centre <b>(50 participants)</b>
7-11 May	Ankara, Turkey	Turkish Geriatric Society & Hacettepe University <b>(25 participants)</b>
7-11 May	Nanjing, China	Jiangsu Civil Affairs Department & ZhongShan College <b>(75 participants)</b>
9-13 July	Beijing, China	Beijing Civil Affairs Bureau <b>(40 participants)</b>
10-14 August	Andhra Pradesh India	Piramal Swasthya <b>(20 participants)</b>
5-12 September	Baku Azerbaijan	Institute of Physiology, Azerbaijan National Academy of Sciences <b>(33 participants)</b>
23-27 October	Kuwait	Middle East Academy for Medicine of Ageing & Ministry of Health Kuwait <b>(75 participants)</b>
22-25 October	Batumi Georgia	Batumi Shota Rustaveli State University <b>(55 participants)</b>
25-27 October	Cairo, Egypt	Middle East Academy for Medicine of Ageing, Egyptian Society of Geriatrics and Gerontology, Abyad Medical Centre, & Middle East Longevity Institute (Lebanon) <b>(33 participants)</b>
20-23 November	Kathmandu, Nepal	Department of Community Medicine Nepalese Army Institute of Health Science, National Senior Citizens Federation of Nepal, & Department of Health Service <b>(50 participants)</b>
10- 14 December	Chengdu, China	The Support and Nursing Committee for the Elderly <b>(85 participants)</b>
		<b>Total = 587 participants</b>

# AGEING POLICY FORMULATION

Abuja, Nigeria

5–9 March 2018

The International Institute on Ageing United Nations – Malta (INIA) in collaboration with the Dave Omokaro Foundation (DOF) Nigeria, organized an *in-situ* programme in *Ageing Policy Formulation and Planning*. This was held at Abuja, Nigeria from 5–9 March, 2018. A Documentary *Ageing in Nigeria*, produced by Dave Omokaro Foundation, with funding support from World Health Organisation Nigeria, was screened for the viewing of participants. This was followed by a Keynote Presentation titled *Population ageing*

*trends and opportunities* which was delivered by Dr. Prafulla Mishra, African Regional Director, HelpAge International. The programme included lectures, policy/practice case studies, report presentations and a site-visit to Asokoro District Hospital in Abuja to assess the status of age-friendly facilities, services and environment. Twenty-eight participants hailing from government Ministries, departments and agencies, from civil society organizations, from private sector and from media organizations attended the programme.





# AGEING POLICY IN SUB-SAHARAN AFRICA: A SOUTH AFRICAN FOCUS

Johannesburg, South Africa

12–14 March 2018

The International Institute on Ageing United Nations – Malta (INIA) in collaboration with the International Longevity Centre, South Africa (ILC-SA), the South African Gerontological Association and the National Department of Social Development, North-West University, organised an *in-situ* programme in *Ageing Policy in Sub-Saharan Africa: A South African Focus*. The programme was held between 12–14 March and it was attended by 18 participants coming from different countries in Africa. Lecturing on the programme were Professor

Jaco Hoffman socio-gerontologist at Optentia's Ageing and Generational Dynamics in Africa (AGenDA), sub-programme on the North-West University's (NWU's) campus in Vanderbijlpark and also the James Martin senior research fellow at the Oxford Institute. This training programme was organised in consultation with with Professor Isabella Aboderin, Head of Ageing and Development Unit at the African Population and Health Research Centre, Nairobi, Kenya, and INIA's international board member.



# PRINCIPLES OF GERIATRIC CARE

Tripoli, Lebanon

12–14 April 2018

The International Institute on Ageing United Nations – Malta (INIA) in collaboration with the Middle East Academy for Medicine of Ageing (MEAMA) and Abyad Medical Centre, Lebanon, organised an in-situ programme in the Principles of Geriatric Care. The programme was held between 12-14 April at Beit Al Fan, Tripoli, Lebanon and it was attended by 50 participants from all the multidisciplinary team. Workshops addressed Epidemiology: A greying world; Ageing:

A lifelong process; Functional impact of ageing and diseases; Promotion of healthy ageing; Gerontopharmacology and Comprehensive geriatric assessment. Lecturing on the programme were Professor Abdulrazzak Abyad, Chief Executive Officer of Abyad Medical Centre, Lebanon and Chairman of the Middle-East Academy for Medicine of Ageing (MEAMA), and Professor Sonia Ouali Hammami, Chairman of Tunisian Geriatric Association, Tunisia.





# GERIATRICS AND GERONTOLOGY

Ankara, Turkey

7–11 May 2018

The International Institute on Ageing United Nations – Malta (INIA) in collaboration with the Turkish Geriatric Society and Hacettepe University, organised the 6th Geriatrics and Gerontology *in-situ* programme in *Gerontology and Geriatrics* which was held between 7–11 May in Ankara, Turkey. The training programme provided a comprehensive overview of geriatrics and gerontology. A site-visit to a nursing home was also organised. The

programme was attended by 25 participants hailing from various parts of Turkey. These were composed of family medicine practitioners, public health specialists, care home managers, physio therapists, occupational therapists, geriatricians, nurses, psychologists and social workers. The training programme was instrumental in assisting professionals to address and deal with the ever-increasing number of older people in Turkey.



# AGEING AND DEMENTIA CARE IN COMMUNITY AND LONG-TERM CARE SETTINGS

Nanjing, China

7-11 May 2018

The International Institute on Ageing United Nations – Malta (INIA) in collaboration with Jiangsu Civil Affairs Department ZhongShan College, organised an *in-situ* training programme in *Ageing and dementia care in community and long-term care settings*. The programme was held between 7-11 May in Nanjing, China and was attended by 75 participants all from the Jiangsu

region and working in residential homes and in the community. The programme addressed the issues surrounding home care for older persons, including the management and care of assisted living services and residential long-term care facilities for persons living with dementia, and activities for older persons living in long-term facilities.





# SOCIAL AND DEMENTIA CARE IN LATER LIFE

Beijing, China

9–13 July 2018

The International Institute on Ageing United Nations – Malta (INIA) in collaboration with the Beijing Civil Affairs Bureau organised an *in-situ* training programme in *Social and Dementia Care in Later Life*. This programme, was held in Beijing, China between 9–13 July and attended by 40 participants. The programme addressed active and successful ageing from an Asian perspective; facts

and myths in understanding dementia; policy directions and management in dementia care; community services, communication and person-centred care in dementia care, Dementia care in hospitals and in nursing homes; key principles in social gerontology; active ageing index; active Ageing in nursing homes; healthy ageing policies; and older adults learning.



# DEMENTIA CARE

## Andhra Pradesh, India

10–14 August 2018

An *in-situ* training programme in *Dementia Care* was held in Vijayawada, Andhra Pradesh, India between 10–14 August 2018. This programme was carried out in collaboration with Piramal Swasthya, Hyderabad India, and The International Institute on Ageing United Nations – Malta (INIA). Piramal Swasthya is a non-profit healthcare organisation that seeks to transform health ecosystems through high impact solutions, thought leadership and

partnership, in order to make healthcare in India more accessible, affordable and available. This training programme was part of a pilot study on screening for dementia in the community for trained medical doctors working in mobile medical units. For the training programme, a single district was selected where all 20 practising medical doctors working in these mobile medical units received training.





# HUMAN LONGEVITY: SOCIAL, PSYCHOLOGICAL AND PHYSICAL DETERMINANTS

Baku, Azerbaijan

5–12 September 2018

In collaboration with the Institute of Physiology, Azerbaijan National Academy of Sciences. The International Institute on Ageing United Nations – Malta (INIA), organised an *in-situ* programme in *Human longevity: Social, psychological and physical determinants*, in Baku, Azerbaijan from 5–12 September 2018. As part of the programme, the

participants went on a research trip to Ismayili and Lerik regions with high index of longevity of the Republic of Azerbaijan. During the course of the training programme, they had the opportunity to meet with and talk to long-livers and participants of the research programme, namely *Study of molecular-genetic mechanisms of longevity*.



# GERONTOLOGY AND GERIATRICS

Kuwait

23–27 September 2018

The International Institute on Ageing United Nations – Malta (INIA), in collaboration with the Middle East Academy for Medicine of Ageing (MEAMA) and the Ministry of Health in Kuwait organised an *in-situ* programme in *Gerontology and Geriatrics* between 23–27 September 2018. This was attended by 75 participants all working

within the Ministry of Health. Lecturing on the programme were Professor Abdulrazzak Abyad who is Chief Executive Officer of Abyad Medical Centre, Lebanon and Chairman of the Middle-East Academy for Medicine of Ageing (MEAMA) and Professor Sonia Ouali Hammami, Chairman of Tunisian Geriatric Association, Tunisia.





# POLICY PLANNING, IMPLEMENTATION AND MONITORING OF THE MADRID INTERNATIONAL PLAN OF ACTION ON AGEING

Batumi, Georgia

22–25 October 2018

The International Institute on Ageing United Nations – Malta (INIA), organised an international school in Gerontology and Geriatrics in collaboration with Batumi Shota Rustaveli State University, Batumi, Georgia. The programme was held from 22–25 October 2018 and it was attended by 55 participants, mostly medical doctors working

in the field of ageing in the Ajara region, and by professional staff and students of biology, medicine, social sciences, from the Faculty of Natural Sciences and Health Care. The participants visited St. Ekaterine Nursing Home and older persons at Khulo hospital in the high-mountainous region of Ajara.



# GERIATRIC GIANTS AND PALLIATIVE CARE

Cairo, Egypt

25–27 October 2018

The International Institute on Ageing United Nations – Malta (INIA), in collaboration with the Middle East Academy for Medicine of Ageing (MEAMA), Egyptian Society of Geriatrics and Gerontology, Abyad Medical Centre (Lebanon) and Middle East Longevity Institute (Lebanon), organised an *in-situ* programme in *Geriatric*

*Giants and Palliative Care* in Cairo, Egypt. The programme was held between 25–27 October 2018 and took place at the New Geriatrics Hospital, Ain Shams University Hospital, Cairo. The programme was attended by 33 participants hailing from Egypt, Saudi Arabia, Lebanon and Muscat.





# SOCIAL GERONTOLOGY

Kathmandu, Nepal

20–23 November 2018

The International Institute on Ageing United Nations – Malta (INIA), in collaboration with the Department of Community Medicine Nepalese Army Institute of Health Science (NAIHS), the National Senior Citizens Federation of Nepal and the Department of Health Service, (MOHP) organised the first *in-situ* training programme in *Social Gerontology* in Nepal. The programme which

was held between 20–23 November 2018 was held at the Nepalese Army Institute on Health Science (NAIHS), in Kathmandu, Nepal. The programme was attended by 50 participants hailing from Nepal, India and Bangladesh. Apart from the lectures, discussions and workshops, the participants had the opportunity to visit a care home for older persons in Sanepa.



# SOCIAL GERONTOLOGY AND DEMENTIA CARE

Chengdu, China

10–14 December 2018

The International Institute on Ageing, United Nations Malta (INIA) in collaboration with The Support and Nursing Committee for the Elderly (SNCE), organised an *in-situ* programme in *Social Gerontology and Dementia Care*. The programme was organised between 10–14 December 2018 in Chengdu, China. The programme was attended by 85 delegates and addressed the following issues: The

United Nations Madrid International Action plan on Ageing; facts and myths on dementia and policy direction; person-centred care; community services and communication; dementia management in hospitals and nursing homes; and healthy ageing policies, care and activities for residents in long-term care.







## INTERNATIONAL TRAINING PROGRAMMES IN MALTA

Ever since 1990, the International Institute on Ageing United Nations – Malta (INIA), held a number of international training programmes in Malta, training participants in diverse areas in the field of ageing. Unfortunately, this year, due to lack of funds, such programmes were not possible to be organized since INIA did not have the sufficient resources to partially sponsor participants to attend the programmes in Malta. However, INIA did manage to organize two programmes in Malta directed towards personnel hailing from low-income countries and countries with economies in transition who are currently working in the field of ageing.

### **IMPLEMENTING DIGNITY AND RESPECT IN DEMENTIA CARE: 25 MAY 2018**

The programme in *Implementing Dignity and Respect in Dementia Care* was a one-day course organized with a private long-term care residential home, Casa Antonia. The course, which was specifically crafted to commemorate the World Elder Abuse Awareness Day was opened by the Hon. Anthony Agius Decelis, Parliamentary

Secretary of Persons with Disability & Active Ageing. The programme focused on two main topics – namely dementia and communication and dignity in later life. It was attended by 10 participants hailing from India, Malta, Philippines and Russia.





### MEMORY TRAINING: 3-7 SEPTEMBER 2018

The month of September witnessed another international campaign to raise awareness and challenge the stigma that surrounds dementia. In order to commemorate Alzheimer's month, the International Institute on Ageing, United Nations – Malta (INIA), facilitated a 40 hours 'Memory Training Programme' in Malta. This was organised

by EURAG Memory Training Centre, Prague and the Czech Society for Memory Training and Brain Jogging between 3-7 September 2018. The programme was conducted by Memory Training professional Ing. Dana Steinova. This event, which was partially sponsored by the Government of Malta was attended by 50 participants.



## CONFERENCES

### **5TH ANNUAL INTERNATIONAL CONFERENCE OF GERONTOLOGY AND GERIATRICS Cairo, Egypt (14–15 March 2018)**

The International Institute on Ageing United Nations – Malta (INIA) worked with Ain Shams University in the organisation of the 5th Annual International Conference of Gerontology and Geriatrics on Integrated Geriatric Practice. The conference was held between 14–15 March 2018, in Cairo, Egypt. The main topics addressed were Map for Geriatric Independence, Integration in Hospice

Care, Comorbidity with Ageing, Restorative Medicine, Geriatric Emergency Medicine and Models of Geriatric Care. The conference organized also two workshops on Inflammaging and Antibiotic use in the Elderly: Critical Appraisal or real life practice and Levels of Care in Egypt. The conference was attended by 40 participants.



### **5TH MIDDLE EAST CONGRESS OF AGE, AGEING AND ALZHEIMER'S: CHALLENGES & DEVELOPMENT OF THE OLDER PEOPLE AND DEMENTIA DISEASES Tripoli, Lebanon (12–15 April 2018)**

The International Institute on Ageing United Nations – Malta (INIA), in collaboration with the Middle East Academy for Medicine of Ageing (MEAMA), the Lebanese order of Physician (North Lebanon) and Lebanese University (Faculty of Public Health), organised the 5th Middle East Congress of Age, Ageing and Alzheimer's: *Challenges & Development of the Older People*

*and Dementia Diseases*. The congress, which was organised between 12–14 April 2018 in Tripoli Lebanon, was opened by H.E. Prime Minister Najib Mikati. The conference brought together experts from different university hospitals across Europe and the Arab world to discuss concrete issues related to the medical, human and social impact of Dementia on older people.





## AGEING IN THE DOMINICAN REPUBLIC SANTO DOMINGO

Santo Domingo, Dominican Republic (1 November 2018)

The International Institute on Ageing, United Nations – Malta, (INIA) in collaboration with NTD-Fundacion, which is INIA's Satellite Centre for Central America and the Caribbean, organised a conference on *Ageing*. The conference, which was held on 1 November 2018 took place in Santo Domingo, Dominican Republic. The conference addressed issues on the perspectives of ageing; ageing in the caribbean; seniors in local and

international agendas; 'active ageing; ageism; age-friendly cities; pensions; labour situation; and economic inclusion. A research study *Dominican Republic Ageing Mission* was also presented.

INIA was represented by Professor Marvin Formosa who delivered a presentation on *Ageing in the Caribbean: Successes and challenges in adopting the Madrid International Plan of Action on Ageing*.



## GERONTOLOGICAL, GERIATRIC AND DEMENTIA CARE IN MALTA & GOZO: PRESENT & FUTURE CHALLENGES

St. Julian's, Malta (7 December 2018)

The International Institute on Ageing United Nations – Malta (INIA), in collaboration with the Department of Gerontology, Faculty for Social Wellbeing, University of Malta, organised a conference on *Gerontological, Geriatric and Dementia Care in Malta & Gozo: Present & Future Challenges*. The conference was held on 7 December 2018 in St. Julian's. The conference was opened by Hon. Anthony Agius Decelis, Parliamentary Secretary for Persons with Disability and Active Ageing.

Apart from local academics and practitioners, three International keynote speakers were

also invited: Professor Malcolm Johnson from University of Bath and also a board member of INIA's International board; Professor Adam Gordon from the University of Nottingham, and Professor Mario D. Garrett from San Diego University. Apart from presentations, the conference included also a panel discussion on end-of-life issues and exhibited a number of poster presentations. The conference was attended by over 250 participants from university, government, public, private and church entities, as well as volunteers and students working and studying in the field of ageing respectively.



## INFORMATION EXCHANGE AND NETWORKING

### COMMONWEALTH ELDERS' FORUM UNITED KINGDOM: 16-18 APRIL 2018

Rosette Farrugia-Bonello, Deputy Director at the International Institute on Ageing United Nations, Malta (INIA), presented a paper on *INIA's work and programmes* at the Commonwealth Elders' Forum, Ageing in Common: an international perspective. The forum which was attended by delegates from 53

countries was organised by CommonAge and NFC-UK and held in Reading, Berkshire, UK, between 16–18 April 2018. It was a good opportunity to reconnect with INIA's past participants, International tutors and collaborators as well as networking with new stakeholders and researchers.



### DEMENTIA FORUM, MALTA: 25 MAY 2018

Rosette Farrugia-Bonello presented a paper on the *Key challenges of Dementia Care*. This served as the theme introduction which set the tone for the 'Elderly Care-Dementia Forum', which was organised by CareMalta Ltd. Attending the Forum

were all stakeholders from the Government sector, private entities and communities including older persons themselves. The Forum was opened by Hon. Anthony Agius Decelis, Parliamentary Secretary for Disability and Active Ageing.

### PUBLIC LECTURE, DOMINICAN REPUBLIC: 31 OCTOBER 2018

Professor Marvin Formosa, was invited by the Autonomous University of Santo Domingo, Dominican Republic to deliver a keynote lecture on

*'Population Ageing: Challenged and Opportunities'* to Psychology Major students.



## AGEING FORUM IN CHINA: 13 DECEMBER 2018

Professor Marvin Formosa, Director at the International Institute on Ageing, United Nations – Malta (INIA), participated in a Conference on

*Population Ageing in Sichuan Province*. His presentation was on *Active ageing in the context of long-term care: Good practices and guidelines*.

## INIA SUPPORTS AGEWELL AFRICA PROJECT AT KISORO DISTRICT, UGANDA

Drs. Harrison G. Bloom, MD and Patricia A. Bloom, MD, both INIA's international tutors and collaborators, are on a mission to establish a sustainable and low cost pilot programme to begin to focus on the health and social wellbeing of older adults in Kisoro District, a beautiful mountainous region in the South West, Uganda. Older adults in Uganda comprise five per cent of the Ugandan population which is projected to increase fourfold by 2050. Extreme poverty and disability prevent

older adults from accessing health care. The Blooms hope to build upon the well-functioning village health worker (VHW) programme which is already established by Dr. Jerry Paccione and his colleagues in the Doctors for Global Health (DGH) programme. The present project aims to train the village health workers (VHW) to attend to major disabling conditions, like visual impairment hearing loss, mobility problems, depression and dementia, amongst older people.



# COLLABORATIVE AGREEMENTS

To date, the International Institute on Ageing, United Nations – Malta succeeded in signing a collaborative agreement with the following Institutes and/or organisations:

- Zhongshan College Nanjing, People's Republic of China – China.
- The Support and Nursing Committee for the Elderly, China Gerontology Society (SNCE), People's Republic of China – China
- Population and Healthy Longevity Committee, Chinese Social Economy System Analysis Research Association – China.
- Geriatrics & Gerontology Department, Faculty of Medicine, Ain Shams University – Egypt.
- Asian Population and Development Association-Japan.
- Middle East Academy for Medicine of Ageing (MEAMA) – Lebanon.
- The Philippine Society of Geriatrics and Gerontology – The Philippines.
- The Dave Omokaro Foundation (DOF) – Nigeria
- The South African Geriatric Society (SAGS) – South Africa.
- Korean Association of Converging Humanities (KACH) – South Korea.
- CHA University – South Korea.
- Tunisian Association of Gerontology (ATUGER) – Tunisia.
- Turkish Geriatrics Society (TGS) – Turkey.

Currently work is underway in order to sign other cooperation agreements in the field of ageing with stakeholders in Brunei, India, Malaysia and Sri Lanka.

## SATELLITE CENTRES

The aim and function of INIA's Satellite Centres is to promote the International Institute on Ageing, United Nations – Malta training programmes as well as to disseminate information on ageing among the countries in the region and hence promoting advocacy through INIA's publications and other UN material on ageing.

In the years preceding 2018, the International Institute on Ageing, United Nations – Malta established nine Satellite Centres – namely, with Renmin University to cover the People's Republic of China (2002), with International Longevity Centre (ILC) to cover SAARC Countries (2003), with St. Petersburg Institute of Bioregulation and Gerontology to cover Central and Eastern European

Countries (2005), with the Malaysian Research Institute of Ageing (IPPM) and Universiti Putra Malaysia (UPM) by establishing this institute as the Satellite centre for the 10 ASEAN countries (2016); with Argentinian Society of Gerontology and Geriatrics (SAGG) for South American Countries; with Zhongshan College to cover East China (2017) and with Fundacion NTD Ingredientes (FNI) for the Caribbean and Central America.

In 2018, the International Institute on Ageing, United Nations – Malta (INIA) succeeded in establishing one more new Satellite Centre in Azerbaijan. Work is currently underway to open another Satellite Centre in Georgia.



## SATELLITE CENTRE FOR EURASIA

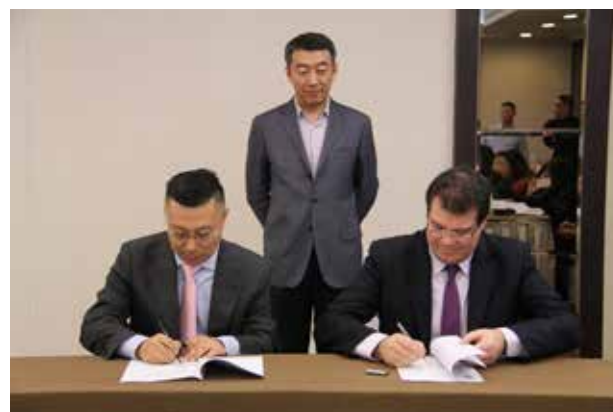
INIA established a new Satellite Centre in Azerbaijan for the Eurasian Region. The Memorandum of understanding (MoU) was signed with the Institute of Physiology, Azerbaijan National Academy of Science (IP/ANAS) for a period of three years. The Satellite Centre for East China include Tajikistan,

Kazakhstan, Kyrgyzstan, Turkmenistan and Uzbekistan. In the agreement, all parties agreed on the mutual collaboration and to organise *in-situ* training programmes on ageing so as to increase the capacity building in the field of ageing.

## SATELLITE CENTRE FOR THE PERSIAN GULF

The Memorandum of understanding (MoU) was signed in January 2018 with the Middle East Academy for Medicine of Ageing (MEAMA) for a period of three years. The Satellite centre is for the Persian Gulf including Bahrain, Iraq, Kuwait,

Oman, Qatar, Saudi Arabia and United Arab Emirates. In the agreement, all parties agreed on the mutual collaboration and to organise *in-situ* training programmes on ageing so as to increase the capacity building in the field of ageing.



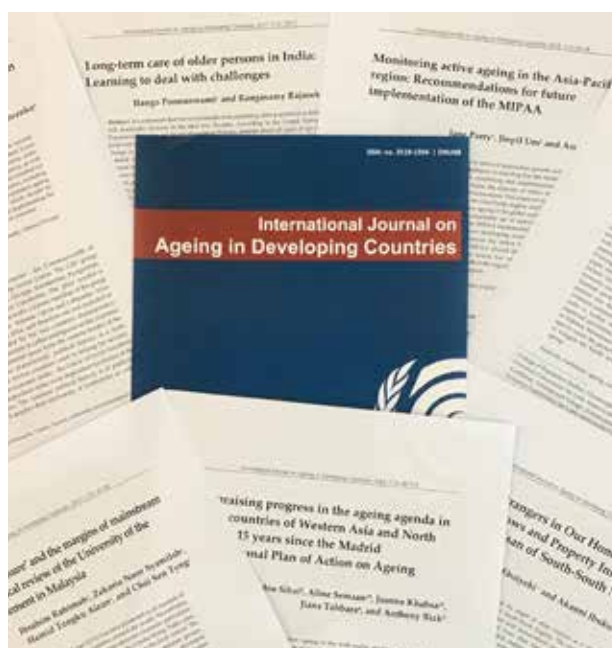
## PUBLICATIONS

In collaboration with the *Fundacion Saldarriaga Concha* and *Fundacion NTD Ingredientes*, the International Institute on Ageing, United Nations – Malta (INIA), has published a report titled *Ageing in the Dominican Republic*. This is an economic and social research study that shed light on strategies to be developed in preparation for the change in population structure associated demographic ageing in the Dominican Republic.



### INTERNATIONAL JOURNAL ON AGEING IN DEVELOPING COUNTRIES

The peer-reviewed, open-access, International Journal on Ageing in Developing Countries ISSN no. 2519-1594, was launched in July 2016. The year 2018 saw the publishing of Volume 2 Number 2 issue of the journal. The issue, which was edited by Professor Azghar Zaidi and Dr. Rachel Bennet, was a special issue on the 'Regional Level Perspectives on Progress towards the MIPAA in Developing Regions'. It brings together regional level perspectives from Africa, Asia and Latin America and the Caribbean. Two book reviews are also included. All issues may be accessed through INIA's website. The forthcoming issue, Volume 3 Number 1, is also a Special issue. It is a subsequent special issue on the same topic including country-specific examples on implementing the Madrid Plan. This is to be published in April 2019.





## INIANET NEWSLETTER

Since its inception in 2015, INIA has managed to publish 14 issues of its newsletter INIANet. The first two issues were printed, but unfortunately, due to financial restrictions, the rest have been published

only on-line. The aim of the newsletter is to keep base with all INIA's past alumni and also to inform stakeholders about the activities that are carried out by INIA.

## LIBRARY

Over the years, INIA has built up a specialised library of over 1,000 books, journals and reports on ageing. Funds are being allocated to renew inactive subscriptions to international journals on ageing, to procure recent books on ageing with special focus on low-income countries and on countries with economies-in-transition, and also include an

available internet-connected computer for library members. In order to avoid duplication of journals with the University of Malta library and other related libraries in Malta, a common catalogue is being set up. During 2018, 37 new books were added to INIA's book collection. These include:



During 2018, INIA's staff and International experts of the International Institute on Ageing United Nations - Malta have published a number of books and articles in peer-reviewed journals. Noteworthy publications on behalf of INIA's Director include 'Active and healthy ageing: Gerontological and geriatric inquiries', 'National policies for healthy ageing in Malta: Achievements

and limitations', 'Demographic implications for active and healthy ageing', and 'Dignity of residents in long-term care'. Other publications by INIA's staff include 'Older gay men and active ageing: Unpacking narratives' (Chistian Vella). Planned INIA publications include 'Ageing in the Middle East' and 'Population ageing in Sub-Saharan Africa'.

# MILESTONES



President Emeritus H.E. Edward Fenech Adami during the official opening of the International Institute on Ageing United Nations - Malta, 15 April 1988



INIA's First International Board ( 1988-1991)





International Conference in the Mediterranean Region,  
4-6 December 1997



*In-situ* training programme in Chiang Mai, Thailand  
19-30 January 1998



Professor Marvin Formosa welcoming H.E. Marie-Louise  
Coleiro Preca, President of Malta



Professor Marvin Formosa welcoming past Chairman of  
INIA's International Board, Mr Wu Hongbo



INIA's Board members with Malta's Prime Minister Hon. Dr. Joseph Muscat



Launching of INIA's publication  
*Population Ageing in Turkey* (2017)



Professor Marvin Formosa welcoming  
Hon. Dr Angelo Farrugia, Speaker of the House



Opening of a short training programme at the International Institute on Ageing United Nations – Malta



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