

## DIRECTOR'S FOREWORD

Population ageing is the dominant demographic trend of the 21st century, driven by declining fertility, increasing longevity and the progression of the baby boomers into older ages. By the end of the decade which has just begun, the number of people aged 60 years and older will be 34 per cent higher, increasing from 1 billion in 2019 to 1.4 billion in 2030. By 2050, the global population of older people will have more than doubled to 2.1 billion, meaning that one in five persons will be 60 years or over, outnumbering adolescents and young people aged 15–24 years.

It was in this context of global population ageing and lack of awareness of the economic and social needs of older people, that the International Institute on Ageing United Nations – Malta was conceived and established by the United Nations and Malta in 1988, following ECOSOC Resolution 1987/41. Its mandate is to assist low-income countries and countries with economies-in-transition overcome the challenges of population ageing and ensure the wellbeing of their senior citizens. INIA provides multi-disciplinary education and training, promotes exchange of information, cooperation and research, hosts expert group meetings, and offers consultancy services in specific areas of ageing.

In 2019 INIA pursued this mission with even more commitment. It organised 14 training programmes in 9 different countries, training a total of 654 participants, an increase in both the number of programmes and participants compared to 2018. In addition, INIA contributed to international conferences in Hainan, Tbilisi, The Hague, Cairo, Tangier and Abuja. INIA also maintained its global outreach through its freely accessible online *International Journal on Ageing in Developing Countries*, a peer reviewed platform for current work on all aspects of ageing in low income and in countries with economy-in-transition. Furthermore, in 2019 INIA continued to strengthen its collaborative network by concluding another three collaboration agreements, namely with Huachuan Smart Senior Care, Beijing, Greenland Holding Group, Hainan, and Chengmai County Government, Hainan.

In 2020 INIA intends to reinvigorate and fine tune its activities during its International Board meeting in May, which plans to adopt a more ambitious business plan for the next three years. It will do this in line with the World Health Organization (WHO) plan for a *Decade for Healthy Ageing 2020–30*, and building on the Madrid International Plan of Action on Ageing. INIA will also seek to align its activities with the ageing aspects of the UN Agenda 2030 on Sustainable Development and the Sustainable Development Goals.

I hope that this 2019 report on INIA's activities will encourage our sponsors, particularly the Government of Malta, to continue with their generous support, and that it will inspire other institutions committed to the wellbeing of our ageing population to remain committed to this pressing global imperative.



**Professor Marvin Formosa**  
**Director – INIA**

## INTERNATIONAL INSTITUTE ON AGEING UNITED NATIONS-MALTA (INIA)

The International Institute on Ageing United Nations-Malta (INIA) was set up as a result of a recommendation by the United Nations Economic and Social Council (ECOSOC) in its Resolution 1987 to the Secretary General of the United Nations. The need for such an Institute was recognised in the Vienna International Plan of Action on Ageing adopted by the World Assembly on Ageing in 1982, in its Resolution 37/51 which recommended *inter alia*, the promotion of training and research, and the exchange of information and knowledge in order to provide an international basis for social policies and action. The Institute was established in Malta in 1987 as an autonomous body under the auspices of the United Nations, following an agreement between the Government and the United Nations.

### MANDATE

The International Institute on Ageing United Nations-Malta (INIA) mandate is to train personnel from low-income countries and from countries with economies-in-transition who are working or who intend to work in the field of ageing or with older persons; to provide advocacy to low-income countries and to countries with economies-in-transition in matters concerning capacity building; and to act as a practical bridge between high-income countries and low-income countries as well as countries with economies-in-transition in the area of information exchange in the field of social gerontology, long-term care and dementia care.



## INTERNATIONAL BOARD MEMBERS

Mr. Liu Zhenmin (*Chairman of the Board*)

United Nations Under-Secretary-General for Social and Economic Affairs.

Professor Isabella Aboderin

Bristol University, United Kingdom & African Population and Health Research Centre, Kenya.

Professor Toni M. Calasanti

Virginia Tech University, United States of America.

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Unidad de Investigacion en Biologia del Envejecimiento, Argentina.

Professor Malcolm Johnson

University of Bristol, International Institute on Health & Ageing, Bristol, UK

Dr. Olga Mikhailova

St. Petersburg Institute of Bio-regulation and Gerontology, Russian Federation.

Professor Du Peng

Renmin University, People's Republic of China.

H.E. President Emeritus Dr. Ugo Mifsud Bonnici

President of Malta 1994–1999

Ms. Rose Fenech

Independent expert





## IN-SITU TRAINING PROGRAMMES

In its early years, the International Institute on Ageing United Nations-Malta (INIA) envisaged that the organisational experience acquired from the Malta-based training programmes should be carried over overseas through *in-situ* programmes. The latter are generally modelled on the same pattern with a complement of local staff in addition to INIA's international lecturers and other invited experts. The advantage of *in-situ* programmes is that the training can be specifically tailored as appropriate to and rooted in local socio-economic conditions and needs. Furthermore, the *in-situ* programmes are more varied and interdisciplinary in nature and dealing with a range of various issues.

In 2019, as much as **604 participants** working with older persons or in the field of ageing have benefitted from the **12 *in-situ* training programmes** organised by INIA. The *in-situ* programmes were organised in 8 different countries which included Tunisia, Kenya, Kuwait, Lebanon, Russia, Nigeria, Dominican Republic, and in The People's Republic of China.

As in the past years, in running *in-situ* training programmes INIA made use of a strong multi-disciplinary team of international and local experts. This ensures the highest possible form of professional training in the fields of Gerontology and Geriatrics while emphasising relational and person centred care. At the same time, it enables the participants to benefit from the wide variety of the tutors' knowledge and expertise.



## IN-SITU TRAINING PROGRAMMES

DATES	CITY/COUNTRY	IN COLLABORATION WITH
8–9 February	Monastir, Tunisia	Middle East Academy of Medicine of Ageing (MEAMA) & Tunisian Geriatric Society (STG) <b>(45 participants)</b>
28 February – 1 March	Nairobi, Kenya	Kenya Association of Gerontology & Geriatrics (KAGG) South African Geriatrics Society, The Kenyan Geriatrics Society, The African Population & Health Research Centre (APHRC) & The International Association of Gerontology & Geriatrics- Africa Academy (IAGG) <b>(74 participants)</b>
3–7 March	Lebanon, Kuwait	Middle East Academy for Medicine of Ageing (MEAMA) & Ministry of Health, Kuwait <b>(65 participants)</b>
1–12 April	Hammamet, Tunisia	The National Fund of Social Security (CNSS) & The Tunisian Association of Gerontology (ATUGER) <b>(28 participants)</b>
5–6 April	Tripoli, Lebanon	The Middle East Academy for Medicine of Ageing (MEAMA), Middle East Longevity Institute & Abyad Medical Centre <b>(25 participants)</b>
8–12 April	St. Petersburg, Russia	St. Petersburg Institute of Bioregulation and Gerontology, St. Petersburg State Social & Medical Geriatric Centre & The Gerontology Society of the Russian Academy of Sciences (RAS) <b>(25 participants)</b>
7–8 June	Monastir, Tunisia	Middle East Academy for medicine of ageing (MEAMA) & Tunisian Geriatric Society (STG) <b>(60 participants)</b>
24–29 June	Abuja, Nigeria	Dave Omokaro Foundation <b>(32 participants)</b>
20–22 September	Hammamet, Tunisia	The Middle East Academy of Medicine of Ageing (MEAMA) Tunisian Geriatric Society (STG) <b>(35 participants)</b>
28 October–1 November	Santo Domingo, Dominican Republic	Fundacion NTD Ingredientes <b>(50 participants)</b>
21–24 November	Kebili, Tunisia	Maghreb Academy for Medicine of Ageing and the Middle East Academy for Medicine of Ageing <b>(45 participants)</b>
16–20 December	Shanglin Country, Guangxi Province, China	China Institute on Population and Social Development, Shanglin County Government Shanglin Public Health Committee <b>(120 participants)</b>

# GERIATRICS

## Monastir, Tunisia

8 - 9 February 2019

The International Institute on Ageing United Nations-Malta (INIA) worked with The Middle East Academy of Medicine of Ageing (MEAMA) and The Tunisian Geriatric Society in organising an *in-situ* programme in *Geriatrics*. The programme was held in Monastir, Tunisia, between 8–9 February 2019 and was attended by 45 family physicians and geriatricians. The training programme addressed cognitive disorders, diagnosis and management

of dementia, delirium, and depression from both clinical and social perspectives. Apart from Professor Sonia Ouali Hammami from University of Monastir and Chairman of the Tunisian Geriatric Society, other lecturers on the programme were Professor Philippe Chassaigne from Rouen University, France, and Professor Mustapha Oudrhiri from Casablanca University, Morocco.





# GERIATRICS

Nairobi, Kenya

28 February - 1 March 2019

The International Institute on Ageing United Nations-Malta (INIA) worked with the Kenya Association of Gerontology and Geriatrics (KAGG), South African Geriatrics Society, the African Population and Health Research Center (APHRC), and the International Association of Gerontology and Geriatrics – Africa Academy (IAGG) in organising an *in-situ* programme in Geriatrics. The programme was held at Kenyatta University (KU) in Nairobi, Kenya, between 28 February – 1 March 2019. The overall goal of the programme was to improve the basic clinical skills and competence of front-line health staff in the evaluation and management of older persons and to encourage further interest in the field of geriatric medicine. Lectures covered the following five key topics: the basic concepts of healthy ageing, disease prevention and population demographics; physiological changes in older persons; geriatric syndromes; specific disease spectrum in older persons and assessment and management of older persons. The programme, which attended by 74 participants, was delivered by four experts from the South Africa Geriatric Society, namely Dr. Lindy Sinclair, Dr. Susan Coetzer, Dr. Faheema Parker, and Dr. Lara Greenstein. Key Note Speeches were delivered by Dr. Muthoni Gichu from the Ministry of Health and by Dr. Harun Otieno from the Aga Khan University Hospital. INIA was represented by the IAGG – Africa Region Chair and INIA International Board Member Dr. Isabella Aboderin.



# GERONTOLOGY AND GERIATRICS

Kuwait City, Kuwait

3 - 7 March 2019

The International Institute on Ageing United Nations-Malta (INIA) collaborated with the Middle East Academy for Medicine of Ageing (MEAMA) and the Ministry of Health in Kuwait organised an *in-situ* training programme in *Gerontology and Geriatrics*. The programme was held in Kuwait City,

Kuwait between 3-7 March 2019. The programme covered metabolism, mood and cognitive disorders and cardio, and neuro/nephro vascular diseases. It was attended by 65 primary health care physicians and paramedicals working with older persons within the Ministry of Health in Kuwait.





# GERONTOLOGY

Hammamet, Tunisia

1 - 12 April 2019

The International Institute on Ageing United Nations-Malta (INIA) worked with the National Fund of Social Security (CNSS) and with the Tunisian Association of Gerontology (ATUGER) in organising an *in-situ* programme in *Gerontology*. The programme was organised in Hammamet, Tunisia, between 1–12 April 2019. The two-week programme, which was attended by 28 participants,

addressed various topics on the social and medical issues on ageing such as dementia, gerotechnology, ethics, human rights for older persons, policies and programmes. Invited lecturers on the programme included Professor Alain Franco, Professor Emeritus, Nice-Sophia Antipolis University Hospital, Nice, France, and the late Professor Jean Petermans, Liege, Belgium.



# GERIATRICS

Tripoli, Lebanon

5 - 6 April 2019

The International Institute on Ageing United Nations-Malta (INIA), worked with the Middle East Academy for Medicine of Ageing (MEAMA) and the Middle East Longevity Institute in organizing an *in-situ* programme in *Geriatrics*. This programme was held between 5-6 April 2019. The programme

which was held in Tripoli, Lebanon, addressed Metabolism, Mood & Cognitive Disorders. Twenty-five participants from Saudi Arabia, Sultanate Oman, Qatar and Lebanon attended the programme.





# GERONTOLOGY AND SOCIAL ASPECTS OF AGEING

St. Petersburg, Russia

8 - 12 April 2019

The International Institute on Ageing United Nations-Malta (INIA) in collaboration with INIA Satellite Centre in Russia, St. Petersburg Institute of Bioregulation and Gerontology, St. Petersburg City Social Medical Geriatric Centre, and Gerontological Society of the Russian Academy of Sciences (RAS) organised an International Training programme in *Gerontology and Social Aspects of Ageing*. This

was held between 8–12 April 2019 in St. Petersburg, Russia. Twenty-five participants attended the programme. Lecturers included Professor Marvin Formosa and INIA's international consultant Dr. Alexandre Sidorenko, together with other local academics. Apart from the lectures, the participants had also the opportunity to visit St. Petersburg City's Medical and Social Geriatric Centre.





# GERIATRICS AND GERONTOLOGY

Monastir, Tunisia

7 - 8 June 2019

The International Institute on Ageing United Nations-Malta (INIA), worked with the Middle East Academy for medicine of ageing (MEAMA) and with the Tunisian Geriatric Association (STG) in organising an *in-situ* training programme in *Geriatrics and Gerontology*. The programme, which was attended by 60 participants, was held between

7-8 June in Monastir, Tunisia. In addition to the Chairman of STG, Professor Sonia Hammami, and one of INIA's international consultants, other lectures included Professor Toutou Toussaint from Abidjan, Cote D'Ivoire, and Dr. Abdulrazzak Abyad from Lebanon, Chairman of MEAMA, and an INIA's international consultant.



# AGEING POLICY FORMULATION, PLANNING AND IMPLEMENTATION

Abuja, Nigeria

24 - 28 June 2019

The International Institute on Ageing United Nations-Malta (INIA) in collaboration with the Dave Omokaro Foundation Nigeria organised an international *in-situ* training programme in *Ageing Policy Formulation, Planning and Implementation for the enhancement of skills, knowledge, and building of networks in ageing in Nigeria*. The programme, designed for medical and paramedical practitioners/personnel from the health and allied disciplines, as well as insurance personnel, personal care attendants and health-oriented NGOs monitoring SDGs Goals 1–5, was held between 24–28 June 2019 in Abuja, Nigeria. It was attended by 32 participants. The opening ceremony was organised to coincide with the first in the series of Distinguished Public Lectures of the Dave Omokaro Africa Institute on Ageing and Development (DOFRIAD) at the University of Abuja

in honor of Vice Chancellor Professor Michael Amalu Adiku. The lecture was titled ‘Population ageing and sustainable development: Implications for multidisciplinary research and training towards legal, policy and programmatic action in Nigeria’, and was delivered by Professor Funmi Togonu Bickersteth of the Obafemi Awolowo University Ile-Ife and Pro-Chancellor Federal University Gusau Zamfara State. The opening ceremony also witnessed the video broadcast of INIA’s Welcome address delivered by Rosette Farrugia-Bonello, Deputy Director’. This multi-disciplinary five-day training programme dealt with socio-economic and health implications of increased demographics of older persons, and included lectures, case studies, report presentations, break-out sessions, and a tour of rural Nigeria.





# HEALTHY AGEING

Hammamet, Tunisia

20 - 22 September 2019

The International Institute on Ageing-United Nation-Malta (INIA) in collaboration with the Middle East Academy for Medicine of Ageing (MEAMA) and the Geriatric Society Tunis (GST) organized an *in-situ* a training programme on Healthy Ageing, Cardio, and Neuro/Nephro – Vascular Diseases. The programme, which was

held in Hammamet, Tunisia, between 20–22 September 2019, was attended by 35 participants hailing from Lebanon, Tunisia, Qatar, Saudi Arabia and Sultanate Oman. Lecturing on the programme were Professor Giovanni Ghambassi, Dr. Marwan Ramadan, Professor Sonia Hammami, and Dr. Abdulrazzak Abyad.





# PUBLIC POLICIES IN AGEING FOR CENTRAL AMERICA AND THE CARIBBEAN

Santo Domingo, Dominican Republic

28 October - 1 November 2019

International Institute on Ageing United Nations-Malta (INIA), in collaboration with NTD Fundacion, INIA's Satellite Centre for Central America and the Caribbean organised a training programme on *Public Policies in Ageing for Central America and the Caribbean*. The programme was held between 28th October and 1 November 2019 at the Pontifica Universidad Catolica Madre y Maestra (PUCMM), Santo Domingo, Dominican Republic.

The programme was attended by 50 participants from a wide of social and health care professions from Dominica Republic, Nicaragua, El Salvador, Costa Rica, Puerto Rico and Paraguay. Lecturers included Rosette Farrugia-Bonello, Dr. Alexandre Sidorenko, INIA's international tutor and Dr. Rosy Pererya, President of ILC Global. Apart from lectures and workshops, the participants also had the opportunity to visit a Senior Day Centre.



# GERIATRIC CARE

Kebili, Tunisia

21 - 24 November 2019

An *in-situ* programme in *Geriatric Care* was held in Kebili, Tunisia, between 21–24 November 2019. This programme was carried out in collaboration with the Maghreb Academy for Medicine of Ageing, the Middle East Academy for Medicine of Ageing and the International Institute on Ageing United Nations-Malta (INIA). The programme was

attended by 45 participants and was held under the academic guidance of Professor Sonia Hammami, President of the Tunisian Geriatric Society and one of INIA's international tutors. Lectures addressed topics on diabetes, nutrition, insulin therapy and geriatric ailments in later life.





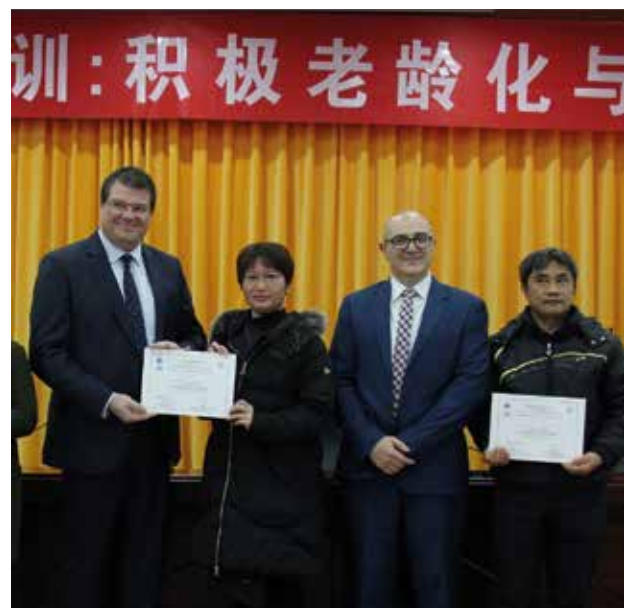
# GERONTOLOGY, GERIATRICS AND DEMENTIA CARE

Shanglin County, Guangxi Province, China

16 - 20 December 2019

The International Institute on Ageing United Nations-Malta (INIA), in collaboration with the China Institute on Population and Social Development, Shanglin County Government, and assisted by Shanglin Public Health Committee, organised a training programme in *Gerontology, Geriatrics and Dementia Care*. The programme,

held between 16–20 December 2019, attracted 120 professionals working with older persons in both the community and long-term care facilities in Shanglin County, Guangxi Province, China. Lecturers included Professor Marvin Formosa and Professor Charles Scerri.





## INTERNATIONAL TRAINING PROGRAMMES IN MALTA

The International Institute on Ageing United Nations-Malta (INIA) has been holding a number of international training programmes in Malta since 1990, training participants in different areas in the fields of ageing. Unfortunately, during these past few years due to lack of funds, it was no longer possible to organise such programmes in Malta. However, INIA did manage to train personnel hailing from low-income countries and from countries with economies-in-transition who are working in long-term care in Malta. During 2019, INIA organised three training programmes in Malta.

### CARE MANAGEMENT IN LONG-TERM CARE

The International Institute on Ageing United Nations-Malta (INIA) organised a training programme at St. Joseph's Residential Home, a private long-term care home for older persons, on *Care Management in Long-Term Care*. This programme was attended by 25 social and health

care professionals from India, Malta, Pakistan, Philippines and the United Kingdom. Lectures addressed nursing care of older adults, occupational therapy in long-term care facility, dementia: trends and issues, and social therapeutic activities in dementia care.



## GERIATRIC AND DEMENTIA CARE MANAGEMENT

The programme in *Geriatric and Dementia Care Management* was organised at Casa Arkati, a private residential care home for older persons. The programme was attended by 25 social and health

care professionals from Belgium, India, Malta and Serbia. Lectures focused on the key challenges in geriatric care and the social therapeutic activities in dementia care.



## CONFERENCES, SOCIAL EXCHANGE AND NETWORKING

### EURO-MED CONGRESS ON GERONTOLOGY AND GERIATRICS

Tangier, Morocco (22-24 February 2019)

The International Institute on Ageing United Nations-Malta (INIA) worked with the Maghreb Academy for Medicine of Ageing (MAMA), Middle-East Academy for Medicine of Aging (MEAMA) and the Morocco Ageing Association, to hold a Euro-Med Congress on Gerontology and Geriatrics in Morocco. The Congress, which was attended by 50 physicians and paramedicalS, was held between 22–24 February 2019 in Tanger, Morocco. The congress addressed the following issues: orthogeriatrics, osteoporosis. perioperative concerns, restoring function and independence prevention, and caregiver and social network. Two workshops were also organised, focusing on the implementation of an effective orthogeriatrics model of care from emergency room to operating room, and the transition from inpatient to community so as to achieve optimal discharge planning.



### INTERNATIONAL CONFERENCE ON ORTHOGERIATRIC CARE: A LONG JOURNEY

Cairo, Egypt (20-21 March 2019)

The International Institute on Ageing, United Nations-Malta (INIA), worked with Ain Shams University, Egypt, in organising the *International Conference on Orthogeriatric Care: A Long Journey*. It was held between 20–21 March 2019, in Cairo, Egypt. The conference which broad 50 participants together from the interdisciplinary team, was addressed by a number of distinguished speakers. INIA was represented by Professor Sonia Ouali Hammami, Chairman of Tunisian Geriatric Society.





## REGIONAL FORUM ON SUSTAINABLE DEVELOPMENT

Geneva, Switzerland (21-22 March 2019)

INIA's Deputy director Rosette Farrugia-Bonello was invited by to attend the third session of the *Regional Forum on Sustainable Development* organised by the United Nations Economic Commission for Europe (UNECE) between 21-22 March 2019 in Geneva, Switzerland. The aim of the forum was to discuss work-in-progress in the implementation of the 2030 Agenda. Participation in this forum helped to further explore how the 2030 Agenda for Sustainable Development, adopted by the United Nations in 2015, can and should support the implementation of ageing policies and policies for persons with disability in Europe and hence had helped to look for synergies between this global agenda and other relevant policy frameworks which deal with ageing population and persons with disabilities.



## SENIOR GENERATION FORUM

St Petersburg, Russia (10-13 April 2019)

INIA's Director Professor Marvin Formosa was invited to present a keynote paper on *Active Ageing in Russia: Challenges and Opportunities* during the Senior Generation Forum, which was held in St. Petersburg, Russia between 10-13 April 2019. The St. Petersburg Institute of Bioregulation and Gerontology, in collaboration with the Government of St. Petersburg, has been organising the annual 'Senior Generation Forum' since 2006. The Forum is the biggest non-profit social event in Russia aimed at social adaptation, support and health improvement of older persons in the modern society. It includes a strong scientific programme comprising of a congress, conferences, round tables, seminars and site-visits to local facilities for older people. Various courses for older people are also held including a computer course called *Grandma & Grandpa online*.



## UNITED NATIONS' 10TH OPEN-ENDED WORKING GROUP ON AGEING (OEWG)

New York, United States of America (15-18 April 2019)

Professor Marvin Formosa attended the 10th working session Open-Ended Working Group on Ageing (OEWG) which was held between the 15th – 18th April 2019 at the United Nations Headquarters, New York. The OEWG was established by a resolution at the 2010 General Assembly and its main purpose is strengthening the protection of the human rights of older persons by examining the existing international framework of the human rights of older persons, as well as identifies the possible gaps and how to best address them, including through considering the possibility of new human rights instruments.

International Institute on Ageing United Nations-Malta (INIA) was one of the co-sponsors to one of the OEWG side-event titled *Independence, autonomy and rights of older persons in the African context*. This event was organised by the Dave Omokaro Foundation, Nigeria. This side event ensured that the African perspective on its ageing reality was well integrated within the discussions placed during the Open-Ended Working Group.



## NATIONAL CONFERENCE ON EXPLORING NEW GIANTS IN GERIATRICS:

Qawra, Malta (3 May 2019)

Professor Marvin Formosa presented a paper on *An alternative paradigm on frailty: Anthropological, sociological and gerontological views* during the conference on Exploring New Giants in Geriatrics. The conference was organised in Qawra, Malta on 3 May 2019 by the Geriatric Medicine Society of Malta.





## 10TH INTERNATIONAL CONFERENCE OF THE EDUCATION AND LEARNING NETWORK FOR OLDER ADULTS

Ljubljana, Slovenia (10-11 May 2019)

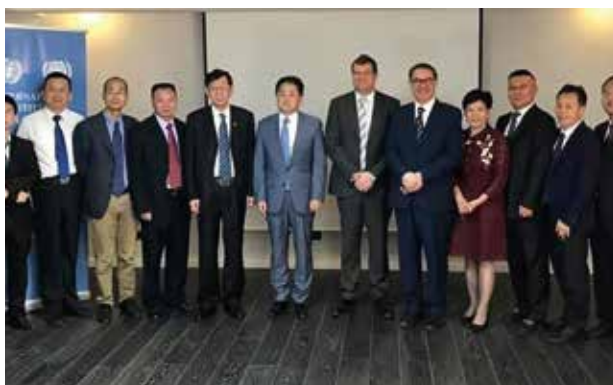
Professor Marvin Formosa was invited to deliver a keynote paper titled *Renewing Pre-Retirement learning programmes: What future?* during the 10th International Conference of the Education and Learning Network for Older Adults at the University of Ljubljana, Slovenia.



## INTERNATIONAL CONFERENCE ON POPULATION AGEING AND ACTIVE AGEING: INTERNATIONAL AND ASIAN PERSPECTIVES

Malta (19-21 May 2019)

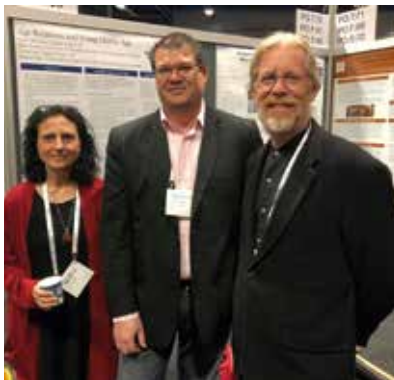
The International Institute on Ageing United Nations-Malta (INIA) in collaboration with the International Expert Committee on Active Ageing (IECAA) organised an international conference on *Population Ageing & Active Ageing International & Asian Perspectives*. The conference was held between 19–21 May 2019 in St. Julian's, Malta. Addressing the delegates during the conference included Hon. Anthony Agius Decelis, Junior Minister for Persons with Disabilities and Active Ageing, H.E. Jiang Jiang, People's Republic of China Ambassador for Malta, Professor Yuan Ye, IECAA Secretary General of Population and Healthy Longevity Committee, and Professor Marvin Formosa. The conference also included site visits to residential care homes in Malta.



## INTERNATIONAL ASSOCIATION OF GERONTOLOGY AND GERIATRICS – EUROPEAN REGION CONGRESS 2019

Gothenburg, Sweden (23-25 May 2019)

Professor Marvin Formosa attended the IAGG-ER Congress which was held in Gothenburg, Sweden. He co-presented with Priscilla Cassar a paper on *The potential for Visual Arts Programme for Fourth Age Learning*.



## INTERNATIONAL CONFERENCE IN GERONTOLOGY AND GERIATRIC MEDICINE

Colombo, Sri Lanka (12-13 September 2019)

The International Institute on Ageing United Nations-Malta (INIA) served as one of the academic partners with the Ministry of Health, Sri Lanka, in organising an International Conference in Gerontology and Geriatric Medicine on *Wellbeing in Silver Age: From individual to Society*. The conference was held in Colombo, Sri Lanka, between 12–13 September 2019. Rosette Farrugia-Bonello was invited to deliver a keynote paper on *Active Ageing in the Silver Age*.



## DEMENTIA WALK

Valletta, Malta (28 September 2019)

In order to commemorate the World Alzheimer's month, the International Institute on Ageing United Nations-Malta (INIA) participated at the Malta Dementia Society's Annual Walk 2019. The walk was held on 28 September 2019 in Valletta. The Annual Walk promotes dementia awareness, and highlights the personhood of persons living with dementia and the range of caregiver support available on behalf of public welfare agencies.





## **THE 2019 FRANK GLENDENNING MEMORIAL LECTURE** Glasgow, Scotland (10 October 2019)

Professor Marvin Formosa was invited by the Association of Education and Ageing to deliver the 2019 Frank Glendenning Memorial Lecture at the University of Strathclyde, Glasgow, Scotland. The Memorial Lecture, which was held on 10 October was titled *50 Years of Older Adult Learning: Successes, Challenges and Promises*.



## **CHINESE DELEGATION VISIT** Valletta, Malta (29-30 November 2019)

On 29 November 2019, the International Institute on Ageing United Nations-Malta (INIA) welcomed a Chinese delegation from the Huachuan Smart Senior Care (Beijing) Company Limited. The delegation visit included three site visits to two private care homes for older persons and a public long-term care facility.



**Tbilisi, Georgia (28-29 November 2019)**

21 December 2019

Hainan Province includes a predominantly rural population, and a rapid urbanisation process that has been taking place since the 1990s. As at 2018, 287,700 residents of the 9 million inhabitants were over 80 years of age. As much as 1,900 are centenarians. Therefore, it comes as no surprise that this Province has been officially declared as a World Longevity Island by the International Expert Committee on Population Aging and Longevity (ISCPAL).

Longevity Area Chengmai of Hainan, China. New

主办单位 联合国老龄所积极老龄化专家委员会  
Sponsor 联合国老龄所积极老龄化专家委员会  
协办单位 中国社会科学院系统分析研究会人口  
Co-Organizer 中国社会科学院系统分析研究会人口  
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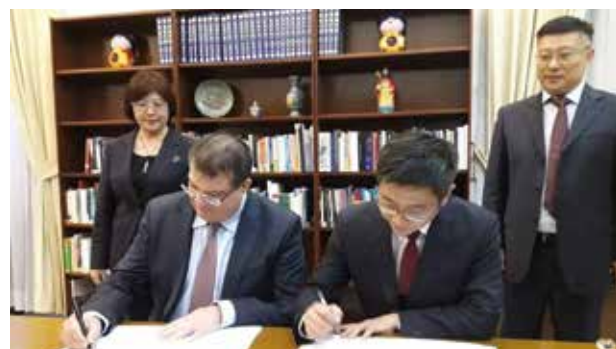
## AGREEMENTS

To date, the International Institute on Ageing United Nations-Malta (INIA) succeeded in signing a collaborative agreement with the following Institutes and/or organisations: Zhongshan College Nanjing, People's Republic of China-China; The Support and Nursing Committee for the Elderly, China Gerontology Society (SNCE), People's Republic of China-China; Population and Healthy Longevity Committee, Chinese Social Economy System Analysis Research Association-China; Geriatrics & Gerontology Department, Faculty of Medicine, Ain Shams University-Egypt; Asian Population and Development Association-Japan; Middle East Academy for Medicine and Gerontology-The Philippines; The Dave Omokaro Foundation (DOF)-Nigeria; The South African Geriatric Humanities (SAGS)-South Africa; Korean Association of Converging Humanities (KACH) – South Korea; CHA University-South Korea;

Tunisian Association of Gerontology (ATUGER) – Tunisia; and Turkish Geriatrics Society (TGS) – Turkey.

During 2019, INIA signed a Memorandum of Understanding (MoU) with Shanglin County Government of Guangxi Province (China) and the Beijing Guangqin Kangyuan Investment Company Limited (China). The aim is to strengthen capacity building development in the field of ageing in the Shanglin County for the implementation of programmes and policies on ageing in that region.

A second Memorandum of Understanding was signed with Huachuan Smart Senior Care Company Limited in Beijing, China (HSSCC). The aim is to strengthen capacity building development in the field of ageing in Nanning, for the implementation of programmes and strategic policies on active ageing in that region.



The final Memorandum of Understanding (MoU) was signed with Greenland Holding Group, Hainan Division, China (GHRHG). Both parties agree to collaborate through the organisation of training programmes on ageing to Greenland Holding Group employees. INIA will work closely with GHRHG on ageing-related projects in the Group's efforts to improve the quality of life and wellbeing of older persons in Hainan.



## SATELLITE CENTRES

The aim and function of INIA's Satellite Centres is to promote the International Institute on Ageing United Nations-Malta (INIA) training programmes as well as to disseminate information on ageing among countries in the region and hence promoting advocacy through INIA's publications and other UN material on ageing.

In the years preceding 2019, INIA established nine Satellite Centres – namely, with Renmin University for the People's Republic of China, International Longevity Centre (Pune) for SAARC Countries, St. Petersburg Institute of Bioregulation and Gerontology for Central and Eastern European Countries, Malaysian Research Institute of Ageing and Universiti Putra Malaysia for ASEAN countries, Argentinian Society of Gerontology and Geriatrics for South America, Zhongshan College (Nanjing) for East China, Fundacion NTD Ingredientes for the Caribbean and Central America, Institute of Physiology, Azerbaijan National Academy of Science for the Eurasian region, and the Middle East Academy for Medicine of Ageing for the Persian Gulf.

In 2019, INIA opened another Satellite Centre, in Georgia, for the Black Sea and Caucasus Regional Countries.





## PUBLICATIONS

### INTERNATIONAL JOURNAL ON AGEING IN DEVELOPING COUNTRIES

The peer-reviewed, open-access, *International Journal on Ageing in Developing Countries* (ISSN No. 2519-1594) was launched in July 2016. The year 2019 saw the publishing of **two** special issues, one on the Madrid Plan of Action on Ageing, and the other on ageing in Malta. All journals included two book reviews and all issues may be accessed through INIA's website. The forthcoming issue will be special issue on ageing in Africa. This is to be published in June 2020.



### INIANET NEWSLETTER

Since its re-inception in 2015, INIA has managed to publish 17 issues of its newsletter INIANet. The aim of the newsletter is to keep touch with all INIA's alumni and also to inform about the activities that are carried out by INIA.

### LIBRARY

Over the years, INIA has built up a specialised library of over 1,100 books, journals and reports on ageing. Funds are being allocated to renew inactive subscriptions to international journals on ageing, to procure recent books on ageing with special focus on low-income countries and on countries with economies-in-transition, and also include an available internet-connected for library members. In order to avoid duplication of journals with the University of Malta library and other related libraries in Malta, a common catalogue is being set up.

During 2019, INIA's staff and International experts of the International Institute on Ageing United Nations-Malta have published a number of books and articles in peer-reviewed journals. Noteworthy publications on behalf of INIA's Director include *The University of the Third Age and Active Ageing: European and Asian-Pacific Perspectives* (Springer, 2019). This is the first edited book on the University of the Third Age movement and charts the interface between the University of the Third Age movement

and active ageing, and in doing so, offers a comprehensive and thorough understanding of what U3A means in different geographical and sociocultural contexts. Other publications included:

- Formosa, M. (2019). Active ageing in the fourth age: The experiences and perspectives of older persons in long-term care. *Geopolitical Social Security and Freedom Journal*, 2(1), 78–92.
- Formosa, M. (2019). Educational gerontology. In D. Gu & M.E. Dupre (Eds.), *Encyclopedia of gerontology and population ageing*. Cham, Switzerland: Springer. Online First @ [https://doi.org/10.1007/978-3-319-69892-2\\_411-1](https://doi.org/10.1007/978-3-319-69892-2_411-1)
- Formosa, M. (2019). Elder Abuse: International and Polish perspectives. *International Journal on Ageing in Developing Countries*, 4(2), 145–155.
- Formosa, M. (2019). Long-term facilities for older persons in Malta: Policies, trends and challenges. *Turkish Journal of Geriatrics*, 22(2), v–xi.
- Formosa, M. (2019). Malta. In M. Bergmann, A. Scherpenzeel & A. Börsch-Supan (Eds.), *SHARE Wave 7 Methodology: Panel innovations and life histories* (p. 74). Munich: Max Planck Institute for Social Law and Social Policy.
- Formosa, M. (2019). Measuring and modelling demographic trends in Malta: Implications for ageing policy. *International Journal on Ageing in Developing Countries*, 4(2), 78–90.
- Formosa, M. (2019). *The University of the Third Age and active ageing: European and Asian-Pacific perspectives*. Cham, Switzerland: Springer. (274 pages)
- Formosa, M. (2019). Third age learning for active ageing: The Maltese experience. In M. Formosa (ed.), *The University of the Third Age and active ageing: European and Asian-Pacific perspectives* (pp. 81–93). Cham, Switzerland: Springer.
- Formosa, M. (2019). University of the Third Age. In D. Gu & M.E. Dupre (Eds.), *Encyclopedia of gerontology and population ageing*. Cham, Switzerland: Springer. Online First @ [https://doi.org/10.1007/978-3-319-69892-2\\_412-1](https://doi.org/10.1007/978-3-319-69892-2_412-1)
- Formosa, M., & Cassar, P. (2019). Visual art dialogues in long-term care facilities: An action research study. *International Journal of Education and Ageing*, 5(1), 23–41.
- Formosa M., & Scicluna R.M. (2019). Toward an age-friendly urban and housing policy in Malta. In F. Whittington, S. Kunkel, & K. de Medeiros (Eds.), *Global Aging: Comparative perspectives on aging and the life course* (2nd edition.) (pp. 109–113). New York: Springer Publishing.





## THE MANY FACES OF INIA





