



23-25, 29-30 NOVEMBER, 2021  
VIRTUAL TRAINING



## INTERNATIONAL TRAINING PROGRAMME IN GERONTOLOGY AND GERIATRICS



### About the Training Programme

The International Institute on Ageing UN-Malta (INIA), Satellite Centre for sub-Saharan Africa hosted by the Dave Omokaro Foundation, Nigeria, will conduct the second INIA-UN Satellite Centre Training Programme in Gerontology and Geriatrics. The 5-day Virtual training programme is expected to draw participants from African countries. **It will be in 2 mandatory phases: 1<sup>st</sup> Phase: 23-25 November, 2021 and 2<sup>nd</sup> Phase: 29-30 November, 2021.**

INIA Satellite Centre's mandate is to fulfil the human resource training needs in all aspects of ageing in sub-Saharan Africa; to enhance national and regional institutional capacity to deliver transformative policies, planning and implementation frameworks, as well as, the monitoring and evaluation of corresponding programmes and services to the 74.4 million older persons, currently living in sub-Saharan-Africa and the rapidly increasing population advancing into old age.

### Objective

The training programme in Gerontology and Geriatrics is aimed at providing broad information on range of health issues that older persons, their health providers, and society face, within the context of population ageing and the social and environmental determinants of health in Africa. It considers the challenges of older persons and delivers up to date understanding of common medical conditions of the population cohort. Models of inclusive health systems, aligned to needs of older persons and the prospects and challenges of human resources and infrastructure as well as universal health coverage are covered. Issues of ageism, poverty, elder abuse as drivers of older persons' vulnerabilities are expounded.

### Expected Outcomes

At the end of the training, participants should

- Have knowledge of Global ageing, Africa's Profile and its implications and seize opportunity for learning and exchanges across the countries of the sub-regions
- Understand Ageism, Systemic drivers of older persons' vulnerability and the human rights situation of older persons
- Have a broad understanding of Geriatrics and Gerontology
- Have a concrete understanding of common health issues related to ageing
- Functional and Accessible health care in rural and remote communities
- Design new age-friendly programmes and services to meet the specific needs of older persons in rural and remote areas
- Appreciate the cultural context of ageing, ageism, poverty, elder abuse and drivers of vulnerability
- Identify coping strategies on all matters relating to geriatric health; effectively communicate with and care for older persons with dementia and/or mental health vulnerabilities in community and residential care context.
- Understand elements of age friendly environments and what constitutes barriers

## **Course Title: Gerontology and Geriatrics**

### **General Course Synopsis:**

The training modules are designed and taught with practical implications, towards raising awareness of geriatric education, challenging ageism, enhancing understanding of elements for comprehensive gerontology development, analyses and planning.

Participants will review evidence and data of their respective countries' multi-indicator surveys, National Living standard surveys, evidence collected by U.S. Census Bureau Population Division, aspects of the African Union Policy Framework and Plan of Action on Ageing 2002 under review, the Protocol to the African Charter on Human and People's Rights on the Rights of Older Persons; the AU Agenda 2063 and Agenda 2030 and aspects of the "Third review and appraisal of the Madrid International Plan of Action on Ageing, 2002." (ECOSOC resolution 2018/6 of 17 April 2018)

### **Target Participants:**

The training workshop will target Principal Health Officers, Senior Government Administrators including Private Organizations in health sector and Ageing Development issues, as well as civil society organizations and academia in the region. The training component is emphasized (rather than dialogue)

A total of 20 participants are expected and will be drawn from the African countries in the sub-Saharan African region.

Participants will be selected from diverse areas of interest and expertise including gender, social protection, health and long term care, lifelong learning,, human rights, public health, SDGs, rural communities, dementia, disability, age friendly city and urban planning palliative care, development, policy making etc.

### **Course Duration: 5 days (Mandatory for Certificate)**

- **Phase 1:** Tuesday 23 – Thursday 25 November, 2021
- **Phase 2:** Monday 29 – Tuesday 30 November, 2021

### **Methodology:**

- Lectures
- Policy/Practice -Case Studies/Report Presentations from participants
- Break Out Group Discussion
- Participants' forum/Moderated Dialogue

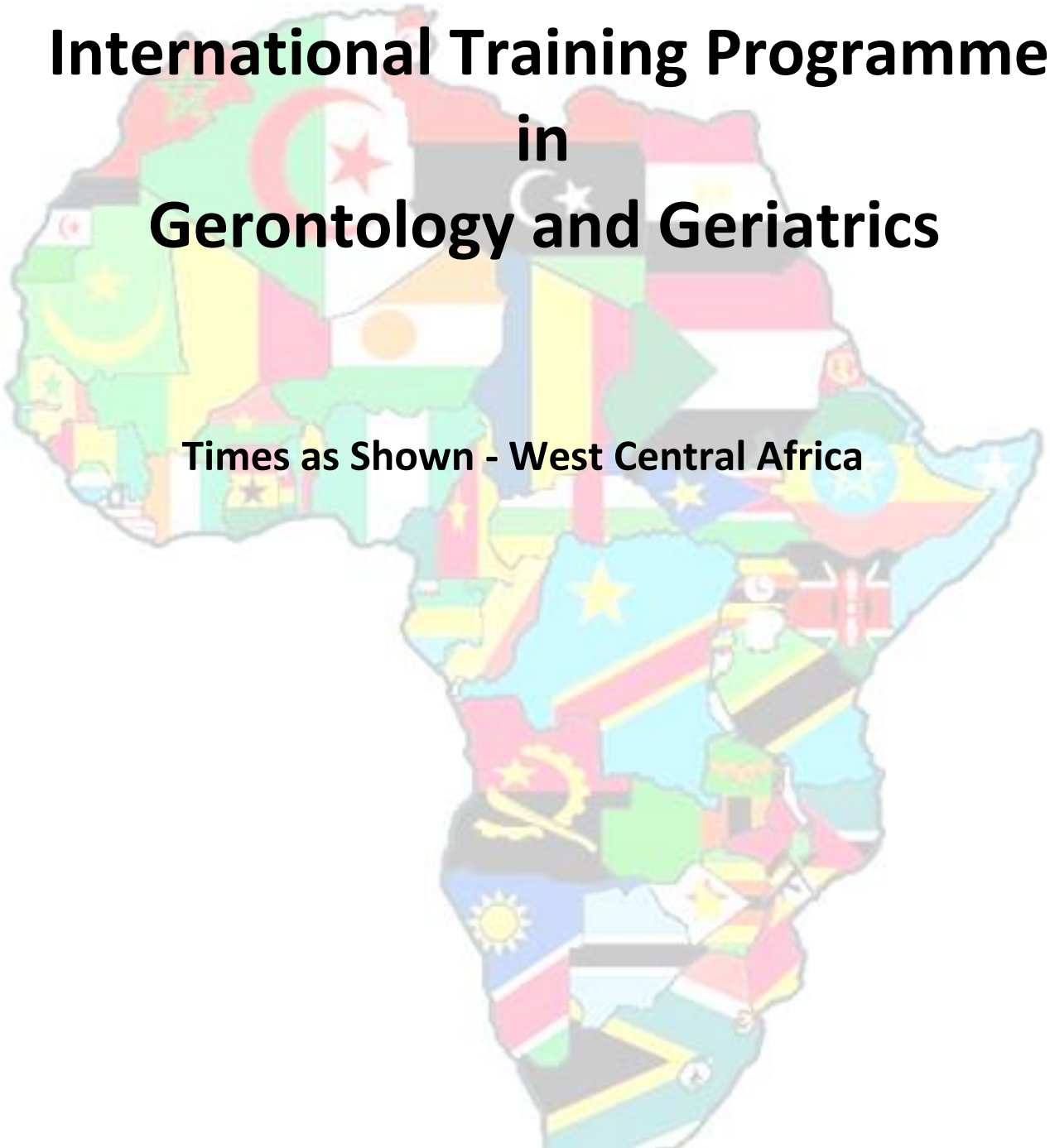
### **Break Out Group Session**

To acquire competence for development of draft transformative pathways and innovative solutions and to set draft national agendas on identified policy and programmatic actions to meet challenges.

# TRAINING SCHEDULE

## International Training Programme in Gerontology and Geriatrics

Times as Shown - West Central Africa



TIME		RESOURCE PERSONS
<b>Tuesday 23<sup>rd</sup> November 2021</b>		
9:00 – 9:10	Welcome Address	<b>Mr. Ibrahim I. Dan’Iya</b> Ag. Executive Director, Dave Omokaro Foundation
9:10 – 9:15	Message From INIA	<b>Prof. Marvin Formosa</b> Director, International Institute on Ageing, United Nations – Malta
9:15 – 10:15	Introductions and Country Report	<b>All Participants</b>
10:15 – 10:55	Population Ageing in Sub –Saharan Africa and Systemic Drivers of Older Persons’ Vulnerability: The Stakes for Strong Institutions, Policy, Human Resource, Legislation, and Data Capacity	<b>Ms. Roseline Kihumba</b> HelpAge International
10:55 – 11:15	<b>Q &amp; A - Moderated Dialogue</b>	
11:15 – 11:55	Social Protection, Emerging Issues and Older Persons in Africa: Strengthening Evidence Base for Inclusive Policy Measures (Comparative National Situation Analyses-)	<b>Mr. Emmanuel Udontre</b> Head of Dept. PRS, Nursing & Midwifery Council of Nigeria
11:55 – 12:55	<b>Q&amp;A –Open Moderated Dialogue</b>	
12:55 – 13:25	<b>BREAK – 30 Minutes</b>	
13:25 – 14:05	Gender, Age & Disabilities – Cross Cutting Issues and Implication for Sustainable Development Goals.	<b>Ms. Roseline Kihumba</b> HelpAge International
14:05 – 14:25	<b>Q &amp; A –Open Moderated Dialogue</b>	
14:25 – 15:05	Basic Geriatric Care and Home Health Services: Regulatory Agencies and Certification of Care Givers	<b>Mr. Emmanuel Udontre</b> Head of Dept. PRS, Nursing & Midwifery Council of Nigeria
15:05 – 15:25	<b>Q&amp;A –Open Moderated Dialogue</b>	
<b>Wednesday 24<sup>th</sup> November 2021</b>		
8:00 – 8:40	Determinants of Common Diseases and Medical Conditions of Older Persons: Implication for Policy and Planning	<b>Dr Lawrence Adebuseye</b> <small>MBBS, MWACP, FMCFM, M.Sc. Epid DGM(SA)</small> Consultant Physician and Geriatrician Tony Anenih Geriatric Center University College Hospital, Ibadan
8:40 – 9:00	<b>Q&amp;A –Open Moderated Dialogue</b>	
9:00 – 9:40	WHO Healthy Ageing and ICOPE Strategy for Resilient Later Life	<b>Dr Ogugua Osi-Ogbu</b> Consultant Physician and Geriatrician, Head, Geriatric Unit, National Hospital, Abuja
9:40 – 10:00	<b>Q&amp;A –Open Moderated Dialogue</b>	
10:00 – 10:30	<b>BREAK – 30 Minutes</b>	
10:30 – 11:10	Long-Term and Palliative Care Options in Africa	<b>Dr Lawrence Adebuseye</b> <small>MBBS, MWACP, FMCFM, M.Sc. Epid DGM(SA)</small> Consultant Physician and Geriatrician Tony Anenih Geriatric Center University College Hospital, Ibadan
11:10 – 11:30	<b>Q&amp;A –Open Moderated Dialogue</b>	
11:30 – 12:10	Dementia, Mental Health of Older Persons and Cultural Orientation – Integrating Medical and Social Support Systems	<b>Dr Ogugua Osi-Ogbu</b> Consultant Geriatrician, Head, Geriatric Unit, National Hospital, Abuja
12:10 – 12:30	<b>Q&amp;A –Open Moderated Dialogue</b>	

Thursday 25 <sup>th</sup> November 2021		
8:00 – 8:40	Elder Abuse: Culture, Gender and Rights in Africa (Sharing of Country Experiences) and Policy Implications	<b>Ms. Nesta Hatendi</b> Independent International Development Consultant in Ageing
8:40 – 9:00	<b>Q&amp;A –Open Moderated Dialogue</b>	
9:00 – 9:40	Care of Older Persons in Rural and Remote Communities: Socio-medical Model	<b>Dr. Felix Oyare</b> Dept. of Community Medicine/Primary Health, University of Abuja Teaching Hospital Abuja
9:40 – 10:00	<b>Q&amp;A –Open Moderated Dialogue</b>	
10:00 – 10:30	<b>BREAK – 30 Minutes</b>	
10:30 – 11:10	Age Friendly Rural Communities	<b>Ms. Nesta Hatendi</b> Independent International Development Consultant with interest in Ageing
11:10 – 11:30	<b>Q&amp;A –Open Moderated Dialogue</b>	
–	Reviews of MIPAA , Participants’ National Polices on Ageing or Social Protection – GAP ANALYSES	<b>Class Assignment</b>
Monday 29 <sup>th</sup> November 2021		
8:00 – 8:20	Recap	<b>Participants</b>
8:20 – 9:00	Economic Opportunities in Ageing and – Strategic Development of Care Economy	<b>Prof. Olanrewaju Ajiboye,</b> Head, Social Gerontology, Gender and Development Studies Unit, Dept. of Sociology, Lagos State University
9:00 – 9:30	<b>Q&amp;A –Open Moderated Dialogue</b>	
9:30 – 10:00	<b>BREAK – 30 Minutes</b>	
10:30 – 11:30	<b>Break Out Session / Group Project</b>	<b>Participants</b>
Tuesday 30 <sup>th</sup> November 2021		
9:00 – 10.00	Recap	<b>Dr Ogugua Osi-Ogbu</b> Consultant Geriatrician, Head, Geriatric Unit, National Hospital, Abuja
10:00 – 10:30	Participants presentations of Report of their Reviews of MIPPA, Agenda 2030	
10:30 – 11:10	Human Rights and Advocacy Accelerators: Indicators of Effectiveness of National and Regional Stakeholders Engagements	<b>Barr. Yemisi Akhile.</b> Head, Legal Unit National Senior Citizens Centre, Nigeria
11:10 – 11:30	Suggestions, experience sharing and way forward	<b>Q&amp;A –Open Moderated Dialogue</b>
11:30 – 12:00	<b>BREAK – 30 Minutes</b>	
12:00 – 13:00	Closing Reflection and Next Steps	<b>Ms. Rosette Farrugia-Bonello</b> Deputy Director, INIA Co-chair, INIA Satellite Centre Council <b>Mr. Ibrahim I. Dan’Iya,</b> Ag. Executive Director, Dave Omokaro Foundation
	Presentation of Certificates	