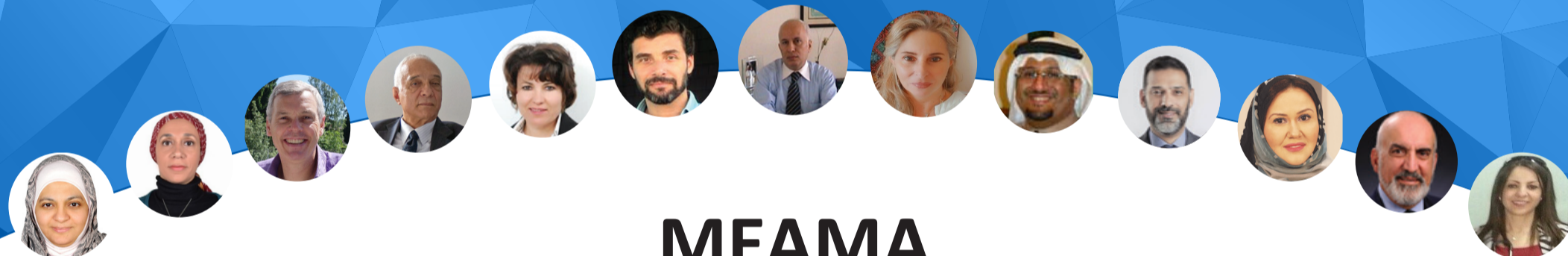


Advanced Postgraduate Course No. VII

2020 - 2022

Master Class in Geriatric
Session 7.4 Feb 18th to Feb 26th, 2022
5-8 PM Beirut time

Healthy Ageing Cardio, Neuro & Nephro Vascular Diseases



MEAMA

Middle East Academy for Medicine of Ageing

In collaboration with

**The International Institute on Ageing-United Nation-Malta (INIA)
Middle-East & North Africa Association on Aging & Alzheimer's (MENAAA)**

Organized by

**Abyad Medical Center, Lebanon <http://www.amclb.com>
Middle East Longevity Institute, Lebanon <http://www.amclb.com>**

To register

<https://us02web.zoom.us/meeting/register/tZMuduCopj8uH9yDW9jq13hQFuuNhukEq3Rb>

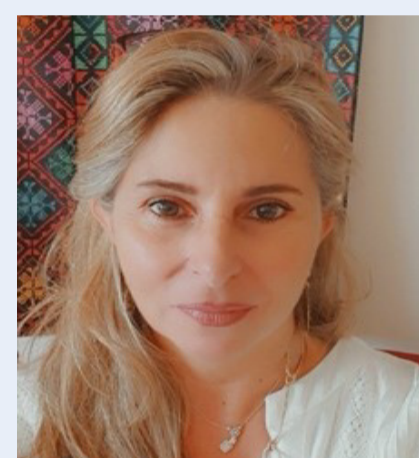




Abdulrazak Abyad, MD, MPH, MBA, DBA, AGSF CEO Abyad Medical Center; Chairman, Middle East Academy for Medicine of Ageing; President Middle East & North Africa Association on Ageing & Alzheimer's. Coordinator, Middle East Network on Ageing; Editor, Middle East Journal of Family Medicine, & Middle East Journal of Age & Ageing combines medical expertise with public health and management skills. He was Chairman of Medical Education and Training at Prince Mohammed Bin Abdulaziz, Riyadh, worked as CEO of a geriatric care and psychiatric hospital in Lebanon 2007 to

2010, and worked with the General Authority for Health Services (GAHS) for the Emirate of Abu Dhabi, United Arab Emirates, between 2004 to 2007. Dr. Abyad served as a Coordinator, AinWaZein, Geriatric Programme Chouf, Lebanon, between 1995-2003. He has served as consultant and advisor to various organizations including the World Health Organization, Hamad Medical Corporation in Qatar, and University of Amman in Jordan. He received from The American Academy of Continuing Medical Education, Dr. Franklin G. Ebaugh Jr. & Dr. Arthur Bloomfield Award for Excellence in Medical Education.

Dr. Thalia Arawi, (BA, Sociology, MA, Political and Moral Philosophy) PhDs (Philosophy and Bioethics) is Founding Director of the Salim El-Hoss Bioethics and Professionalism Program (SHBPP) at the American University of Beirut Faculty of Medicine and Medical Center. The SHBPP the first and only Regional Bioethics and Professionalism Program in the Arab Region and was recently announced as the first WHO Collaborating Center for Ethics in the Arab Region. Dr. Arawi is the first Arab member to be appointed on the board of the International Association of Bioethics and is also member of the American Society of Bioethics, the Canadian



Society of Bioethics, the Provincial Health Ethics Network and, the UK Clinical Ethics Network, the Lebanese National Advisory Commission of the Ethics in Life Sciences and Healthcare, to mention but a few. She has also been elected as senior fellow at the ge2p2 global foundation for the advancement of ethical and scientific rigour in research and evidence generation for governance, policy and practice in human rights action, humanitarian response, health, education, heritage stewardship, and sustainable development – serving governments, international agencies, civil society organizations (csos), commercial entities, consortia and alliances then promoted to Senior Fellow. Her research interests are mainly in the areas of clinical ethics, biomedical ethics, philosophy of medicine, humanitarian medicine, ethics and refugees, bioethics in conflict zones, ethics and mental health.



Giovanni Gambassi, MD is a geriatrician and a cardiologist who currently holds an appointment as Associate Professor in the Department of Gerontology and Geriatric Sciences at the Università Cattolica del Sacro Cuore, Rome, Italy. He also serves as the acting chief of the acute-care geriatric ward in the same institution. After earning his medical degree, he spent five years at the National Institute on Aging at the National Institutes of Health contributing seminal work on the molecular regulation of myocardial contractility. Dr. Gambassi has been a member of the Coordinating Committee of the Gruppo Italiano di Farmacovigilanza (GIFA) Study Group since 1988.

He has been an advisor and an internal reviewer for all the manuscripts published by the Group and has also co-authored several papers. Dr. Gambassi was among those responsible for the Italian translation of the nursing home and home care RAI manuals and forms, and since 1996 has coordinated the application of these RAIs to many pilot studies in Italy. As a result, in 1999 Dr. Gambassi and colleagues instituted the Silvernet-HC Study Group. While appointed as Visiting Professor at Brown University in Providence, he helped establish the Systematic Assessment of Geriatric drug use via Epidemiology (SAGE) Study Group, of which he is now co-director. In 1998, he was named an interRAI Associate Fellow.

Prof Mohammed Basheikh is an associate Professor & Consultant Geriatrician who completed his training in Canada. He is certified in Internal Medicine and Geriatric Medicine. He is an active member in different associations and organizations related to Geriatric Medicine, and co-founder of the Saudi Geriatric Society. He was appointed to be a member of the executive board of directive & scientific committee at the Saudi Alzheimer's disease association 2014-2019. Currently he is the chairman of the department of Medicine- Faculty of Medicine- Rabigh branch, the Chairman of Saudi Internal Medicine Society, and Director of Long Term Care at the Sukoon International Extended Care, Jeddah, Saudi Arabia.



Sonia Ouali Hammami is Prof of Internal Medicine, and Geriatrician at the Department of Internal Medicine CHU F Bourguiba Monastir. She is the founder and Chairman of Tunisian Geriatric Society and The Maghreb Academy for Medicine of Ageing and a Head of Research Laboratory LR12ES05 Lab-NAFS 'Nutrition- Functional Food & Health'. She is based at the Faculty of Medicine- University of Monastir (Tunisia). She completed her training in Internal Medicine in France and specializes in Geriatrics in Belgium. Dr Hammami's research focuses on metabolic, frailty and cognitive disorders in later life. She has published and presented widely in Tunisia, the Region and the World.

Dr. Salwa Alsuwaidi, Consultant Internal Medicine & Geriatrics. Director of Seniors' Happiness Center in Dubai Health Authority. UAE. A graduate of UAE Faculty of Medicine. Has MRCP UK (Glasgow), MRCP SCE Geriatrics, PhD Arab Board Internal Medicine, Post Graduate Diploma of Gerontology & Geriatrics (Malta). Dr. Salwa was the First Emirati Geriatrician. She was the Founder and first chairperson of Emirates Seniors' Friends Association. She is a Board member of the Middle East Academy for the Medicine of Ageing (MEAMA).



Dr. Ali Alqattan is a Consultant in Geriatric Medicine. He is the Founder and Head of the Geriatric Unit in Mubarak Al-Kabeer Hospital in Kuwait. He obtained his medical degree in the Royal College of Surgeons in Ireland (RCSI) and his Geriatric Training in Oxford University Hospitals with Geriatric Medicine Speciality Certification from the RCP in London. he is a Member of multiple Geriatric related Higher committees in Kuwait as well as the BGS, the AGS, the EUGMS and MEAMA.

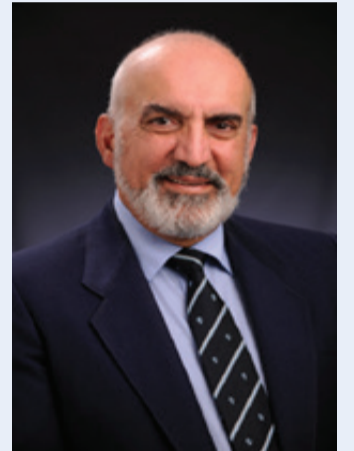
Prof Phillippe Chassagne is currently the head Geriatrics (Senior Consultant and Chief manager) in the Rouen University Hospital. He worked in Lausanne as a professor at Service de Gériatrie et Réadaptation Gériatrique in Switzerland. He was the head Geriatrics (Senior Consultant and Chief manager) in the Rouen University Hospital 60-bed acute geriatric ward (1990-2016). He did his training in Rouen University Hospital. He earned a master degree in Pharmacology & Statistics and Epidemiology. He gained a Ph.D in Gerontology in 1997. He is certified in Internal Medicine and Rheumatology. He did a number of postgraduate training in Geneva and USA and he was the president of the National French College of Geriatrics between 2010-2016. He has wide research interest in CGA and in functional digestive disorders in the Elderly. He has a good number of publications in the field of elderly.





Marwan Ramadan graduated from the University of St. Andrews in Scotland, did his residency in internal medicine at the University of Alberta in Edmonton, Canada. He did a fellowship in endocrinology at the University of California Irvine. He passed the fellowship of the Royal Canadian college Physicians in internal medicine, and he is board certified in Internal medicine, Endocrinology and geriatrics. After leaving the United States he joined the Department of geriatrics at Hamad Medical Corporation as a Senior consultant and later as chairperson from 1994 to 2002. He was director of the Fellowship programme in geriatrics at the same hospital. Presently he is clinical Asst. Prof. at Cornell school of medicine in Qatar. His interests apart from general geriatrics include endocrine diseases in later life.

Mohamud A. Verjee qualified from the University of Dundee, Scotland, UK, and worked as a family physician in Oxford until 1994 before moving to Alberta, Canada. A practicing physician, faculty member, teacher, educator, researcher, writer, motivational speaker, and multiple award recipient, his academic fields of interest are widespread. They include disruptive innovation in learning, exploring the metaphorical spaces of narrative medicine, and teaching empathy to students. An alumni of the Harvard Macy Institute in Boston since 2009, he completed his MBA in Leadership & Sustainability in 2015. He was accorded Fellowship of the College of Family Physicians of Canada in 2014 and selected as a Senior Fellow in mental health research in 2017, at Clare College, Cambridge University, England. Dr Verjee has been at WCM-Q since July 2007 and is the Assistant Dean for Medical Student Affairs, as well as a Co-Director of the Family Medicine Clerkship. He started to play the violin over two years ago and added a cello to his repertoire last year. He still enjoys playing squash.

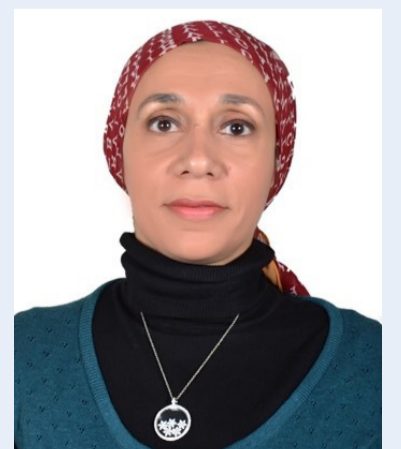


Dr. Lana Halaseh, MD, JBFM, associate Professor, and Consultant family medicine. She is a graduate of the University of Jordan (UJ). She trained in Family Medicine at Jordan University Hospital and had worked as a Teaching and Research Assistant before her further training in Geriatrics at Baycrest Geriatric Health Centre affiliated with the University Of Toronto (UofT). She also did "Hospital Medicine" Fellowship at the University Health Network and Mount Sinai Hospitals/ UofT, Toronto/ Canada. Halaseh's practice encompasses a myriad of family medicine, geriatric care and hospital medicine. She is also the coordinator of pre-graduates' family medicine rotation for fifth year medical students at

UJ. Halaseh is a member of different medical societies including; CGS, AGS, Jordan Society of Palliative Care, and Jordan Society of Family Medicine. She has also published research papers in different topics in family medicine and geriatric care.

Prof Hala Sweed is the current Head of the Geriatrics and Gerontology Department- Faculty of Medicine- Ain Shams University- EGYPT. She is also the Editor in Chief of the Egyptian Journal of Geriatrics and Gerontology, Founder of the Egyptian Society of Geriatrics and Gerontology and Founder of Ain Shams Ageing Research Center.

Currently she is launching the first Geriatric Hospital in EGYPT adopting all the geriatrics' levels of care. The hospital is planned to be a center of excellence to be a model for geriatric services in the whole area.





Dr. Sajedah M. Shaltoni is a Jordanian Board-Certified Family Medicine Consultant. Following her graduation from the University of Punjab, Pakistan, she obtained a high degree in Family Medicine from Jordan and later earned a Master's Degree in Geriatric Medicine. And added needed skills by obtaining Clinical Diploma in Applied Psychological and Competencies in Mental Health and certified Tobacco Treatment Specialist (TTS). Dr. Sajedah was Clinical Associate Professor in College of medicine, University of Sharjah. Also was an Assistant Professor of Family Medicine in Clinical Medicine Weill Medical College, Qatar. Dr. Sajedah is an active member of various professional organizations like World Organization of Family Doctors (WONCA) and Middle East Academy for Medicine of Ageing (MEAMA).

Feb 18 Session 1: Healthy Ageing		
05:00-05:30	Centenarian: What is their Secret?	Dr. A. Abyad-Lebanon
05:30-06:00	The Mediterranean Diet	Dr. Mohamud A. Verjee-Qatar
06:00-06:30	Nutrition & the Brain	Dr. Lana Halaseh-Jordan
06:30-07:00	Role of Exercise on Healthy Ageing	Dr. Salwa Al Suwaidi- UAE
07:00-08:00	Clinical Case Discussion	Dr. Marwan Ramadan-Qatar
Feb 19 Session 2: Cardiovascular /Pulmonary/Nephrology		
05:00-05:30	Heart Failure in Older Persons Management Pearls	Pr. Giovanni Gambassi-Italy
05:30-06:00	Hypertension: To treat or Not To Treat ?	Pr. Sonia Hammami-Tunisia
06:00-06:30	Association of Frailty and Cardiac Failure	Pr. Philippe Chassagne-France
06:30-07:00	Deconstructing the Difficult Patient	Dr. Thalia Arawi-Lebanon
07:00-08:00	COPD in Older Persons Management Pearls	Dr. M. Basheikh, Saudi Arabia
Feb 25 Session 3: Neurological		
05:00-05:30	Parkinson's Disease Update	Dr. Marwan Ramadan-Qatar
05:30-06:00	Management of Epilepsy in Older Persons	Dr. Ali Alqattan-Kuwait
06:00-06:30	Update on Management of Stroke	Dr. Sajedah Shaltoni-UAE
06:30-07:00	Management of Delirium	Pr. Hala Sweed-Egypt
07:00-07:30	Journal of the American Geriatrics Society JAGS 2021 Year in Review	Dr. A. Abyad-Lebanon
Feb 26 Session 4: Network Session		
05:00-05:30	Anemia in Older Persons: Practical Pearls	Dr. M. A. Verjee, Qatar
05:30-07:39	MEAMA Network Session Ten minutes presentation from MEAMA network	Dr. A. Abyad-Lebanon