

Hybrid SESSION



Advanced Postgraduate Course No. VIII 2022 - 2023

Session 1.1 Nov 17-18, 2022
9 AM-5 PM Tripoli-Lebanon

Dementia Diagnosis & Management



MEAMA

Middle East Academy for Medicine of Ageing

In collaboration with

**The International Institute on Ageing-United Nation-Malta (INIA)
Middle-East & North Africa Association on Aging & Alzheimer's (MENAAA)**

Organized by

**Abyad Medical Center, Lebanon <http://www.amclb.com>
Middle East Longevity Institute, Lebanon <http://www.amclb.com>**

To register

<https://us02web.zoom.us/meeting/register/tZMldu2srjguHNO3eo-5LQYMTA4OUIr4tB5Mx>



Abdulrazak Abyad, MD, MPH, MBA, DBA, AGSF CEO Abyad Medical Center; Chairman, Middle East Academy for Medicine of Ageing; President Middle East & North Africa Association on Ageing & Alzheimer's. Coordinator, Middle East Network on Ageing; Editor, Middle East Journal of Family Medicine, & Middle East Journal of Age & Ageing combines medical expertise with public health and management skills. He was Chairman of Medical Education and Training at Prince Mohammed Bin Abdulaziz, Riyadh, worked as CEO of a geriatric care and psychiatric hospital in Lebanon 2007 to 2010, and worked with the General Authority for Health Services (GAHS) for the Emirate of Abu Dhabi, United Arab Emirates, between 2004 to 2007. Dr. Abyad served as a Coordinator, AinWaZein, Geriatric Programme Chouf, Lebanon, between 1995-2003. He has served as consultant and advisor to various organizations including the World Health Organization, Hamad Medical Corporation in Qatar, and University of Amman in Jordan. He received from The American Academy of Continuing Medical Education, Dr. Franklin G. Ebaugh Jr. & Dr. Arthur Bloomfield Award for Excellence in Medical Education.



Kamal El Kallab graduated as M.D. from Université Saint Joseph, where he was later on appointed as director of Speech Therapy Institute. He had the French board of neurology in 1979 and became Associate professor in Université Saint Esprit Kaslik (USEK), where he was appointed as dean of medical school (2008-2010) and chief of neurology department at Université Libanaise (UL) in Lebanon. He practices in Lebanon in the university hospital as Chief of Department of Neurology. He is a clinical investigator for new drugs, mainly for multiple sclerosis. He was the President of the Lebanese Neurological Society (2002-2004). He is a MBA graduate

(Sorbonne-Dauphine-USJ program). He is Member of the Lebanese national ethics committee, an of a working group of WHO on organ donation. He is advisory for state agencies and member of many NGOs including Alzheimer Lebanon

Giovanni Gambassi, MD is a geriatrician and a cardiologist who currently holds an appointment as Associate Professor in the Department of Gerontology and Geriatric Sciences at the Università Cattolica del Sacro Cuore, Rome, Italy. He also serves as the acting chief of the acute-care geriatric ward in the same institution. After earning his medical degree, he spent five years at the National Institute on Aging at the National Institutes of Health contributing seminal work on the molecular regulation of myocardial contractility. Dr. Gambassi has been a member of the Coordinating Committee of the Gruppo Italiano di Farmacovigilanza (GIFA) Study Group since 1988. He has been an advisor and an internal reviewer for all the manuscripts published by the Group and has also co-authored several papers. Dr. Gambassi was among those responsible for the Italian translation of the nursing home and home care RAI manuals and forms, and since 1996 has coordinated the application of these RAIs to many pilot studies in Italy. As a result, in 1999 Dr. Gambassi and colleagues instituted the Silvernet-HC Study Group. While appointed as Visiting Professor at Brown University in Providence, he helped establish the Systematic Assessment of Geriatric drug use via Epidemiology (SAGE) Study Group, of which he is now co-director. In 1998, he was named an interRAI Associate Fellow.



Dr. Ali Alqattan is a Consultant in Geriatric Medicine. He is the Founder and Head of the Geriatric Unit in Mubarak Al-Kabeer Hospital in Kuwait. He obtained his medical degree in the Royal College of Surgeons in Ireland (RCSI) and his Geriatric Training in Oxford University Hospitals with Geriatric Medicine Speciality Certification from the RCP in London. he is a Member of multiple Geriatric related Higher committees in Kuwait as well as the BGS, the AGS, the EUGMS and MEAMA.

Dr. Marwan Ramadan graduated from the University of St. Andrews in Scotland, did his residency in internal medicine at the University of Alberta in Edmonton, Canada. He did a fellowship in endocrinology at the University of California Irvine. He passed the fellowship of the Royal Canadian college Physicians in internal medicine, and he is board certified in Internal medicine, Endocrinology and geriatrics. After leaving the United States he joined the Department of geriatrics at Hamad Medical Corporation as a Senior consultant and later as chairperson from 1994 to 2002. He was director of the Fellowship programme in geriatrics at the same hospital. Presently he is clinical Asst. Prof. at Cornell school of medicine in Qatar. His interests apart from general geriatrics include endocrine diseases in later life.



Prof. Mohammed Basheikh is an associate Professor & Consultant Geriatrician who completed his training in Canada. He is certified in Internal Medicine and Geriatric Medicine. He is an active member in different associations and organizations related to Geriatric Medicine, and co-founder of the Saudi Geriatric Society. He was appointed to be a member of the executive board of directive & scientific committee at the Saudi Alzheimer's disease association 2014-2019. Currently he is the chairman of the department of Medicine- Faculty of Medicine- Rabigh branch, the Chairman of Saudi Internal Medicine Society, and Director of Long Term Care at the Sukoon International Extended Care, Jeddah, Saudi Arabia.

Dr. Sajedah M. Shaltoni is a Jordanian Board-Certified Family Medicine Consultant. Following her graduation from the University of Punjab, Pakistan, she obtained a high degree in Family Medicine from Jordan and later earned a Master's Degree in Geriatric Medicine. And added needed skills by obtaining Clinical Diploma in Applied Psychological and Competencies in Mental Health and certified Tobacco Treatment Specialist (TTS). Dr. Sajedah was Clinical Associate Professor in College of medicine, University of Sharjah. Also was an Assistant Professor of Family Medicine in Clinical Medicine Weill Medical College, Qatar. Dr. Sajedah is an active member of various professional organizations like World Organization of Family Doctors (WONCA) and Middle East Academy for Medicine of Ageing (MEAMA).



Dr Tareq Qassem works as a consultant in Old Age Psychiatry. He currently leader of the Clinical and Academic Group for Older Adults at Al-Amal Hospital in Dubai as a member of the Maudsley Health since 2019. Between 2016 to 2019 he worked at Erda Center in Dubai, and between 2012 to 2015 he was consultant psychiatrist. He was trained in the UK where he received core training in Psychiatry in Norfolk trust and this followed by higher training in old age psychiatry in North Essex in partnership with NHS foundation trust

Prof. Hala Sweed is the current Head of the Geriatrics and Gerontology Department- Faculty of Medicine- Ain Shams University- EGYPT. She is also the Editor in Chief of the Egyptian Journal of Geriatrics and Gerontology, Founder of the Egyptian Society of Geriatrics and Gerontology and Founder of Ain Shams Ageing Research Center. Currently she is launching the first Geriatric Hospital in EGYPT adopting all the geriatrics' levels of care. The hospital is planned to be a center of excellence to be a model for geriatric services in the whole area.





Dr. Hashim Hasan Balubaid, MB, ChB.SSC-MED, Assistant Professor and Head Division of Physical and Geriatric Medicine. He is graduated from the Medical College at King Abdulaziz University - Jeddah in 1995 and completed his internship at King Abdulaziz University Hospital from 1995 to 1996. From 1996 to 2001, Dr. Balubaid joined the residency program in Internal Medicine at King Fahad National Guard Hospital in Riyadh, Saudi Arabia.

In 1998, Dr. Balubaid joined King Khalid Academy for Military Training until 1999, and currently posts the position of a Captain.

In 2002, Dr. Balubaid joined the Geriatric Medicine Fellowship program at the University of British Columbia in Vancouver, British Columbia, Canada. At the same time, he was a member of the Hospice Palliative Care Medicine Fellowship program at Burnaby General Hospital in Burnaby, British Columbia, Canada which was completed in 2005.

Later in 2005, Dr. Balubaid completed a 6-month Health Care Management Program at Simon Fraser University. Currently, Dr. Balubaid is holding the position of Assistant Professor at King Saud bin Abdulaziz University for Health Sciences and Head Division of Physical and Geriatric Medicine at King Abdulaziz Medical City for National Guard – Riyadh, Saudi Arabia. In addition, Dr. Balubaid is the Chairman of the Mortality and Morbidity Committee for the Department of Internal Medicine.

Dr. Balubaid is a member of the Scientific Committee of Saudi Alzheimer Association and also an active member in the Scientific Committee of National Home Health Care Foundation in Western Region, Jeddah, Saudi Arabia.

**Advanced Postgraduate Course No. VIII
Cognitive Disorders
Diagnosing & Management**

Day 1 Session One: Sep 28: Diagnosing Dementia		
Chairperson: Dr. A. Abyad		
09:00-09:30	Welcome back and pretest	Dr. A. Abyad- Lebanon
Teacher's state of the art lecture		
09:30-10:00	Current criteria for diagnosis of dementia	Dr. Ali Alqattan- Kuwait
10:00-10:30	Cognitive tools used in the diagnosis of dementia	Dr. A. Abyad- Lebanon
10:30-11:00	Coffee break	
11:00-11:30	Biomarkers: Current use and future development	Pr. Giovanni Gambassi- Italy
11:30-12:00	Cognitive capital. A compressive approach including degenerative diseases.	Pr. Kamal Kallab- Lebanon
12:00-12:30	Risk reduction and prevention: The latest research	Dr. Ali Alqattan- Kuwait
12:30-14:00	Lunch break	

Session Two: Medical Treatment of Dementia		
Chairperson: Pr. Hala Sweed		
Teachers' state of the art lecture		
02:00-02:30	Medical Management of Dementia: Current available medications	Pr. Giovanni Gambassi- Italy
02:30-03:00	Medical Management of Dementia: Future development and DMT	Dr. A. Abyad- Lebanon
03:00-03:30	The role of technology & electronic medical record in dementia care	Dr. A. Abyad- Lebanon
Participants Group Discussion		
03:30-04:30	Non-Pharmacological Intervention 1-What are the alternative modalities 2-Use of music 3-Use of pictures and reminiscence 4-Distracton techniques Reports of the Groups discussion	Faculty as moderators Coffee Will be available

Day 2 Session Three : Managing Dementia Common Medical Conditions		
Chairperson: Dr. Ali Qatan		
Teachers' state of the art lecture		
09:00-9:30	Management of Comorbidities in Dementia	Pr. Hala Sweed- Egypt
09:30-10:00	Management and evaluation of incontinence	Dr. Sajedah Shaltoni- UAE
10:00-10:30	Diagnosis and management of pain in dementia	Dr. Mohammed Basheikh- Saudi Arabia
10:30-11:00	Coffee break	
11:00-11:30	Diagnosis and Management of infection	Dr. Marwan Ramadan- Qatar
11:30-12:00	Diagnosis and management of eating dysfunction	Dr. Tareq Qassem- UAE
12:00-01:00	Group discussion 1-How to identify co-morbidities 2-What is the best follow up strategies for	Faculty as moderators
01:00-00:20	Lunch break	

Session Four: Mental Health and Dementia		
Chairperson: Dr. A. Abyad		
Teachers' state of the art lecture		
02:00-02:30	The Interface of Delirium and Dementia	Pr. Hala Sweed- Egypt
02:30-03:00	Depression in dementia	Pr. Hala Sweed- Egypt
03:00-03:30	Anxiety and agitation in Dementia	Dr. Hashim Bulbaid- Saudi Arabia
03:30-04:00	Medical management of behavioral and psychological symptoms of dementia	Pr. Giovanni Gambassi- Italy
04:00-04:30	Post test	Coffee will be available

Contact Information

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