

**INTERNATIONAL INSTITUTE ON AGEING UNITED NATIONS-MALTA  
SATELLITE CENTRE FOR SUB-SAHARAN AFRICA**

**In Collaboration with  
DAVE OMOKARO FOUNDATION**

**20th - 24th March, 2023  
Hybrid Training**



**INTERNATIONAL TRAINING  
PROGRAMME  
IN GERONTOLOGY AND GERIATRICS**



**PREAMBLE**

The International Institute on Ageing UN-Malta (INIA), Satellite Centre for sub-Saharan Africa hosted by the Dave Omokaro Foundation, Nigeria, will conduct its flagship training programme in Gerontology and Geriatrics. The 5-day Hybrid training programme is expected to attract participants from Sub-Saharan African countries. It is scheduled to commence on Monday 20th March, 2023 through Friday 24th March, 2023. The Venue is located at Stone Hedge Hotel, Abuja

INIA Satellite Centre's mandate is to fulfil the human resource training needs in all aspects of ageing in sub-Saharan Africa; to enhance national and regional institutional capacity to deliver transformative policies, planning and implementation frameworks, as well as, the monitoring and evaluation of corresponding programmes and services to the 74.4 million older persons, currently living in sub-Saharan-Africa and the rapidly increasing population advancing into old age.

**OBJECTIVES**

The training programme in Gerontology and Geriatrics is aimed at providing broad information on range of health issues that older persons, their health providers, and society face, within the context of population ageing and the social and environmental determinants of health in Africa. It considers the challenges of older persons and delivers up to date understanding of common medical conditions of the population cohort. Models of inclusive health systems, aligned to needs of older persons and the prospects and challenges of human resources and infrastructure as well as universal health coverage are covered. Issues of ageism, poverty, elder abuse as drivers of older persons' vulnerabilities are expounded.

**EXPECTED OUTCOMES:**

At the end of the training, participants should;

- Have knowledge of Global ageing, Africa's Profile and its implications and seize opportunity for learning and exchanges across the countries of the sub-regions
- Understand Ageism, Systemic drivers of older persons' vulnerability and the human rights situation of older persons
- Have a broad understanding of Geriatrics and Gerontology

- Have a concrete understanding of common health issues related to ageing
- Functional and Accessible health care in rural and remote communities
- Design new age-friendly programmes and services to meet the specific needs of older persons in rural and remote areas
- Appreciate the cultural context of ageing, ageism, poverty, elder abuse and drivers of vulnerability
- Identify coping strategies on all matters relating to geriatric health; effectively communicate with and care for older persons with dementia and/or mental health vulnerabilities in community and residential care context.
- Understand elements of age friendly environments and what constitutes barriers

**REGISTRATION** Application form can be accessed online via this link: <https://forms.gle/bf4pczieyupJ1beT6>

**Note: Create a gmail account to access the link if you are having difficulty with accessing the registration form.**

**Closing Date: Friday March 10th, 2023**

**TARGET PARTICIPANTS**

The training workshop will target Principal Health Officers, Senior Government Administrators including Private Organizations in health sector and Ageing Development issues, as well as civil society organizations and academia in the region. The training component is emphasized (rather than dialogue)

A total of 20 participants are expected and will be drawn from the African countries in the sub-Saharan African region.

Participants will be selected from diverse areas of interest and expertise including gender, social protection, health and long term care, lifelong learning,, human rights, public health, SDGs, rural communities, dementia, disability, age friendly city and urban planning palliative care, development, policy making etc.

**TUITION FEE: \$100**

Contact: +2348037876958, [dofriadinstituteafrik@gmail.com](mailto:dofriadinstituteafrik@gmail.com) for more information.

## TRAINING COURSE CONTENT

### Gerontology and Geriatrics

#### MONDAY 20TH MARCH, 2023 - Day 1

- Ageing and Global Demographic Trends: Africa's Response and Implications for older persons and Family.
- Systemic Drivers of Older Persons' Vulnerability in Africa: The Stakes and Primacy of Policy, Institutions and Data
- Human Rights and Ageism: Using Lessons from COVID-19 for Transformative Policy and Systems for Inclusive Africa
- Elder Abuse: Culture, Gender and Rights in Africa (Sharing of Country Experiences) and Policy Implications

#### TUESDAY 21ST MARCH, 2023 - Day 2

- Determinants of Common Diseases and Medical Conditions of Older Persons: Implication for Policy and Planning
- WHO Healthy Ageing and ICOPE Strategy for Resilient Later Life
- Long-Term and Palliative Care Options in Africa
- Dementia, Mental Health of Older Persons and Cultural Orientation – Integrating Medical and Social Support Systems

#### WEDNESDAY 22ND MARCH, 2023 - Day 3

- Basic Geriatric Care and Home Health Services: Regulatory Agencies and Certification of Care Givers
- Care of Older Persons in Rural and Remote Communities: Socio-medical Model
- Social Protection, Emerging Issues and Older Persons in Africa: Strengthening Evidence Base for Inclusive Policy Measures (Comparative National Situation Analyses-)

#### THURSDAY 23RD MARCH, 2023 - Day 4

- Age Friendly Rural Communities
- Industry Aspect of Ageing and Solutions Economy: Challenges as Opportunities
- Reviews of MIPPA, Participants' National Policies on Ageing or Social Protection – GAP ANALYSES

#### FRIDAY 24TH MARCH, 2023 - Day 5

- Recap on Gerontology and Geriatrics
- Suggestions, experience sharing and way forward
- Closing Remarks
- Presentation of Certificates

#### Criteria for Selection of Participants from Target Countries:

The participants selected will range considerably in their:

- Levels of existing employment records and indication of employment responsibility as it relates to Ageing mainstreaming;
- Scope to learn and develop in different ways through the training;
- Articulation of what use they will put the acquired skills to after the training;
- Those with experience of national campaigning on issues of ageism, the OEWG process campaigning for a new convention, and acting as spokesperson