

Hybrid SESSION



Diploma in Dementia Care Course No. I

2022 - 2023

Session 1.3 Feb 16-17, 2023
4-8 PM Beirut time

Dementia Care Pathways, Ethics & Capacity Issues



MEAMA

Middle East Academy for Medicine of Ageing

In collaboration with

**The International Institute on Ageing-United Nation-Malta (INIA)
Middle-East & North Africa Association on Aging & Alzheimer's (MENAAA)**

Organized by

**Abyad Medical Center, Lebanon <http://www.amclb.com>
Middle East Longevity Institute, Lebanon <http://www.amclb.com>**

To register

<https://us02web.zoom.us/meeting/register/tZwsd-uprDMvHtaRbygxUjCUxTJOJf6-JdQn>



ABYAD MEDICAL CENTER

MEAMA
Middle-East Academy
for Medicine of Ageing



International Institute on Ageing
United Nations - Malta



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ON AGING AND ALZHEIMER'S

Abdulrazak Abyad, MD, MPH, MBA, DBA, AGSF CEO Abyad Medical Center; Chairman, Middle East Academy for Medicine of Ageing; President Middle East & North Africa Association on Ageing & Alzheimer's. Coordinator, Middle East Network on Ageing; Editor, Middle East Journal of Family Medicine, & Middle East Journal of Age & Ageing combines medical expertise with public health and management skills. He was Chairman of Medical Education and Training at Prince Mohammed Bin Abdulaziz, Riyadh, worked as CEO of a geriatric care and psychiatric hospital in Lebanon 2007 to 2010, and worked with the General Authority for Health Services (GAHS) for the Emirate of Abu Dhabi, United Arab



Emirates, between 2004 to 2007. Dr. Abyad served as a Coordinator, AinWaZein, Geriatric Programme Chouf, Lebanon, between 1995-2003. He has served as consultant and advisor to various organizations including the World Health Organization, Hamad Medical Corporation in Qatar, and University of Amman in Jordan. He received from The American Academy of Continuing Medical Education, Dr. Franklin G. Ebaugh Jr. & Dr. Arthur Bloomfield Award for Excellence in Medical Education.



Rosette Farrugia-Bonello is Deputy Director at the International Institute on Ageing, United Nations-Malta (INIA). She graduated in Psychology and Communication studies and in Gerontology and Geriatrics from the University of Malta, holds a Master of Science in Dementia Studies (University of Stirling, Scotland) and is a certified Montessori Dementia Care Professional (CMDCP). Rosette Farrugia-Bonello lectures at the Department of Gerontology and Dementia Studies, Faculty for Social Wellbeing, University of Malta, and has directed INIA's International training programmes in the Dominican Republic, Georgia, India (Andhra Pradesh, Hyderabad, Mumbai and Pune), Malaysia and Nepal. She is an honorary member of TATA Institute of Social Sciences, India

(TISS), a board member of INIA's Satellite Centres in India for the SAARC countries and in Azerbaijan for the Eurasian regional countries, and Vice-President on INIA's Satellite Centre in Africa for the Sub-Sahara Africa region. Rosette Farrugia-Bonello is also chief editor of the International Journal on Ageing in Developing Countries, expert on the Task Forces on Dignified Ageing within AGE Platform Europe-Belgium, and a founding / council member of the Maltese Association of Gerontology and Geriatrics (MAGG).

Giovanni Gambassi, MD is a geriatrician and a cardiologist who currently holds an appointment as Associate Professor in the Department of Gerontology and Geriatric Sciences at the Università Cattolica del Sacro Cuore, Rome, Italy. He also serves as the acting chief of the acute-care geriatric ward in the same institution. After earning his medical degree, he spent five years at the National Institute on Aging at the National Institutes of Health contributing seminal work on the molecular regulation of myocardial contractility. Dr. Gambassi has been a member of the Coordinating Committee of the Gruppo Italiano di Farmacovigilanza (GIFA) Study Group since 1988. He has been an advisor and an internal reviewer for all the manuscripts published by the Group and has also co-authored several papers. Dr. Gambassi was among those responsible for the Italian translation of the nursing home and home care RAI manuals and forms, and since 1996 has coordinated the application of these RAI to many pilot studies in Italy. As a result, in 1999 Dr. Gambassi and colleagues instituted the Silvernet-HC Study Group. While appointed as Visiting Professor at Brown University in Providence, he helped establish the Systematic Assessment of Geriatric drug use via Epidemiology (SAGE) Study Group, of which he is now co-director. In 1998, he was named an interRAI Associate Fellow.



Dr. Ali Alqattan is a Consultant in Geriatric Medicine. He is the Founder and Head of the Geriatric Unit in Mubarak Al-Kabeer Hospital in Kuwait. He obtained his medical degree in the Royal College of Surgeons in Ireland (RCSI) and his Geriatric Training in Oxford University Hospitals with Geriatric Medicine Speciality Certification from the RCP in London. He is a Member of multiple Geriatric related Higher committees in Kuwait as well as the BGS, the AGS, the EUGMS and MEAMA.

Dr. Hamed Al Sinawi is senior consultant old age psychiatrist at the Department of Behavioral Medicine, Sultan Qaboos University Hospital. He is the founder and Chairman Oman's Alzheimer's Society, and completed his training in the United Kingdom and specialises in Geriatric Psychiatry and became a fellow of the Royal college of Psychiatrist in the UK in 2011. Dr. Hamed Al Sinawi's special interests include cognitive impairment, mood disorder and medical education. He conducts regular workshop in topics related to mental health and wellbeing and leadership skills. He is involved in teaching medical students, residents and other health care professionals, and supervising research projects.



Dr. Salwa Abdulla Alsuwaidi is a Specialist Registrar- Geriatrics and Project Manager- Dubai Rehabilitation Centre for Elderly. She has Cumulative, comprehensive experience in Internal Medicine & Geriatrics; both at hospitals and long stay facility settings. A team player and a leader with excellent communication and interpersonal skills. Aiming at improving health care services for elderly at the level of hospitals and community to achieve the best level of care and satisfaction as well as a better quality of life. Being the first Emirati Geriatrician I feel committed toward improving this growing specialty in the UAE.

Dr. Sajedah M. Shaltoni is a Jordanian Board-Certified Family Medicine Consultant. Following her graduation from the University of Punjab, Pakistan, she obtained a high degree in Family Medicine from Jordan and later earned a Master's Degree in Geriatric Medicine. And added needed skills by obtaining Clinical Diploma in Applied Psychological and Competencies in Mental Health and certified Tobacco Treatment Specialist (TTS). Dr. Sajedah was Clinical Associate Professor in College of medicine, University of Sharjah. Also was an Assistant Professor of Family Medicine in Clinical Medicine Weill Medical College, Qatar. Dr. Sajedah is an active member of various professional organizations like World Organization of Family Doctors (WONCA) and Middle East Academy for Medicine of Ageing (MEAMA).



Prof. Sonia HAMMAMI, MD, A pioneer geriatrician in Tunisia that worked as Professor of Internal Medicine and Geriatric Medicine at the Faculty of Medicine, National graduate School for science and technology of health and National Graduate Institute of Biotechnology, University of Monastir. Currently the Chairman of this Department. Her working experience includes working in academic and governmental organizations. She is a consultant for the government on the health care for the elderly program at the level of Tunis. At the same time she is a short term consultant with the United Nations Population Fund, and World Health Organization. She had an extensive list of publications, book chapters, and large number of published abstracts.

Prof. Hala Sweed is the current Head of the Geriatrics and Gerontology Department- Faculty of Medicine- Ain Shams University- EGYPT. She is also the Editor in Chief of the Egyptian Journal of Geriatrics and Gerontology, Founder of the Egyptian Society of Geriatrics and Gerontology and Founder of Ain Shams Ageing Research Center. Currently she is launching the first Geriatric Hospital in EGYPT adopting all the geriatrics' levels of care. The hospital is planned to be a center of excellence to be a model for geriatric services in the whole area.





Dr. Ishtar Govia is a registered clinical psychologist in Jamaica and holds a post as a Senior Lecturer with the Epidemiology Research Unit, of the Caribbean Institute for Health Research. She is an implementation scientist whose core approaches include mixed methods and equitable co-production. Her substantive areas include: social determinants of health; shared risk and protective factors; context, lifespan-, and gender-sensitive holistic and integrated approaches for prevention and management of NCDs, especially mental and neurological conditions, dementia, and cardiovascular disease. Dr. Govia is the Jamaica lead for the multi-country dementia care improvement study called Strengthening Responses to Dementia in Developing Countries (STRiDE), which is focused on

understanding and informing national and individual practice and policy for people living with dementia and their carers. She is the Jamaica Lead for a flagship project with the Davos Alzheimer's Collaborative Healthcare System Preparedness Focus Area focused on timely detection of Alzheimer's disease using digital cognitive assessment and blood plasma biomarkers. Certified in Advanced Clinical Practice in Dementia Care, Dr. Govia assists persons living with dementia and their care network with care management and coordination, she is the Chair of the Clinical Management Sub-Committee of the Board of the Bellevue Psychiatric Hospital in Jamaica, is on the Management Committee of the Spanish Town Hospital in Jamaica, and is on the Executive Committee of the Caribbean Alliance of National Psychological Associations. Central to Dr. Govia's work is the cultivation of partnerships, infrastructure strengthening, and capacity building for health and social care research, policy, and practice in the Caribbean, small island developing states, LMICs, and resource-constrained contexts in HICs. For more information see: <https://www.goviaresearch.com/>

Hadeel S ALOthman, MD,FRCPC,ABIM, A pioneer geriatrician in Kuwait. She was trained as internist and geriatrician in Kuwait and USA. She is in charge of the geriatric Unit and team leader of the Kuwaiti national program for the care of the elderly, at Alasema medical area. At the same time she is the coordinator and exam committee member for the Kuwaiti board of internal medicine, post-graduation program.



Mr. Christian Vella graduated a BA in Psychology and Sociology in 2012 and a post-graduate diploma in Psychology (P.G. Dip. Psy.) in 2013, both conferred by the University of Malta. In 2014, Mr. Vella joined the International Institute on Ageing, United Nations –Malta (INIA). Since then, his role within INIA has encouraged him to delve further into the field of ageing, and pursued a Master of Arts in Ageing and Dementia Studies at the University of Malta, and is currently a doctoral Candidate with the same University. Mr. Vella's research interests focus on ageing with particular reference to queer ageing, sexuality, community and dementia.

Ms Delores Williams, A Registered Nurse with over 28 years post qualification in Senior Nursing roles at Maudsley Hospital London UK. Currently enrolled on a post grad program on Dementia Care.





Dr. Hashim Hasan Balubaid, MB, ChB.SSC-MED, Assistant Professor and Head Division of Physical and Geriatric Medicine. He is graduated from the Medical College at King Abdulaziz University - Jeddah in 1995 and completed his internship at King Abdulaziz University Hospital from 1995 to 1996. From 1996 to 2001, Dr. Balubaid joined the residency program in Internal Medicine at King Fahad National Guard Hospital in Riyadh, Saudi Arabia.

In 1998, Dr. Balubaid joined King Khalid Academy for Military Training until 1999, and currently posts the position of a Captain.

In 2002, Dr. Balubaid joined the Geriatric Medicine Fellowship program at the University of British Columbia in Vancouver, British Columbia, Canada. At the same time, he was a member of the Hospice Palliative Care Medicine Fellowship program at Burnaby General Hospital in Burnaby, British Columbia, Canada which was completed in 2005.

Later in 2005, Dr. Balubaid completed a 6-month Health Care Management Program at Simon Fraser University. Currently, Dr. Balubaid is holding the position of Assistant Professor at King Saud bin Abdulaziz University for Health Sciences and Head Division of Physical and Geriatric Medicine at King Abdulaziz Medical City for National Guard – Riyadh, Saudi Arabia. In addition, Dr. Balubaid is the Chairman of the Mortality and Morbidity Committee for the Department of Internal Medicine.

Dr. Balubaid is a member of the Scientific Committee of Saudi Alzheimer Association and also an active member in the Scientific Committee of National Home Health Care Foundation in Western Region, Jeddah, Saudi Arabia.

Diploma In Dementia Care
Session 3-Virtual
Dementia : Care Pathways,
Ethics and Capacity Issues
16-17 Feb, 2023 - Lebanon
4-8 pm Lebanon Time (Virtual)

Day 1: Dementia Care Pathways		
04:00-04:30	Different models of dementia care pathway.	Dr. A. Abyad- Lebanon
04:30-05:00	The unique care needs of persons living with dementia (PLwD).	Dr. Hadeel Alothman-Kuwait
05:00-05:30	Care of PLwD in the ambulatory services.	Dr. Sajedah Shaltoni-UAE
05:30-06:00	Care of PLwD in the hospital.	Pr. Sonia Hammami-Tunisia
06:00-06:30	Care of PLwD in the Emergency department.	Dr. Ali Al Qattan-Kuwait
06:30-07:00	Care of PLwD in nursing facilities, and special units.	Pr. Giovanni Gambassy-Italy
07:00-07:30	Care of PLwD within their home.	Pr. Hala Al Sweed-Egypt
07:30-08:00	A Person-Centred Approach to Remodeling Day Care.	Dr. Salwa Al Suwaidi -UAE

Day 2: Transitional Care, Ethics, and Capacity		
04:00-04:30	Evidence-based transitional care models.	Dr. A. Abyad-Lebanon
04:30-05:00	Is it difficult behaviors or expression of needs?	Rosette Farrugia-Bonello-INIA
05:00-05:30	Role of the clinical psychologist and clinical social workers.	Ishtar Govia-Jamaica/UK
05:30-06:00	Adapting post-diagnostic dementia support.	Dr. Hamed Al Sinawi-Oman
06:00-06:30	Legal and financial considerations to discuss with a patient and appropriate care partner(s). upon a diagnosis of dementia.	Dr. Mohammed Basheikh-Saudi Arabia
06:30-07:00	The Domains that are included in a capacity assessment for a person living with dementia.	Dr. Hashim Bulbaid-Saudi
07:00-07:30	The importance of advance directive.	Ms Delores Williams-UK
07:30-08:00	Sexuality of PLwD and their spousal caregivers.	Christian Vella-UN-INIA-Malta

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