

Program

- 9:00-9:30** Registration
- 9:30-9:35** **Opening:** Nisrine Bissar, PhD - Director, Faculty of Health Sciences-Beirut Arab University
- 9:35-10:05** **Keynote Speech 1:** Challenges of Geriatrics and Gerontology in the MENA Region
Abdul Razzak Abyad, MD - Chairman, Middle-East Academy for Medicine of Ageing
- 10:05-10:35** **Keynote Speech 2:** Ageing and Older People, a Major Social and Medical Transformation that ought to be addressed
Nabil Kronfol, MD, DrPH - President, Lebanese Healthcare Management Association, Center for Studies on Ageing
- 10:35 - 11:00** Coffee Break

Session 1, Update in Geriatric Medicine

Moderators: Dr. Lina Rafei, Dr. Elias Bitar

- 11:00-11:15** Management of Metabolic Syndrome in the Elderly
Marwan Krayem, MD - Specialist Endocrinologist
- 11:15-11:30** Highlights on Geriatric Care and Bone Health
Mazen Sakr, MD - Consultant Orthopedic Surgeon, Albert Haykel Hospital
- 11:30-11:45** Depression in Older Adults: Clinical Presentation and Management
Abbas Alameddine, MD - Specialist Psychiatrist, Hôtel Dieu de France University Hospital
- 11:45-12:00** Medication and Adverse Effects in the Elderly
Deema Rahme, Pharm D - Lecturer, Beirut Arab University, Faculty of Pharmacy
- 12:00-12:15** Update on the Management of Parkinson's Disease
Nabil Mohsen, MD - Head of the Department of Neurology, Albert Haykel Hospital
- 12:15- 12:30** Infections in Elderly: Prevention and Control
Jihad Falou, MD - Specialist in Infectious Diseases, Mazloum Hospital
- 12:30-12:35** Q&A

Session 2 ,Dementia

Moderators: Dr. Jamil Halabi, Dr. Fouad Ziadeh

- 12:35-12:50** Update on the Diagnosis and Management of Dementia
Abdul Razzak Abyad, MD - Chairman, Middle-East Academy for Medicine of Ageing
- 12:50-13:05** Genetic Markers of Alzheimer's Disease
Nisrine Bissar, PhD - Director, Faculty of Health Sciences, Beirut Arab University
- 13:05-13:20** Geriatrics Nursing Care: Delirium Screening Tools
Dareen Sleiman, MSN, RN - Senior Nursing Professional Development Specialist, Medical Surgical Adult Care and Critical Care, AUBMC
- 13:20-13:25** Q&A
- 13:25-14:30** Lunch Break

Session 3, Pillars of Healthy Ageing

Moderators: *Dr. Alissar Yassin, Dr. Hiba el Deek*

- 14:30-14:45** **Pressure Ulcer Prevention and State-of-the-Art Treatment**
Jamil Halabi, MD - General Surgeon and Chronic Wounds Expert, Chairman of the MENA Region
in Diabetic Foot International
- 14:45-15:00** **Geriatric Nursing Care: A Simplified Protocol for Assessment and Management of Pressure Injuries**
Dareen Sleiman, MSN, RN - Senior Nursing Professional Development Specialist,
Medical Surgical Adult Care and Critical Care, AUBMC
- 15:00-15:15** **Eating Patterns Effect on Frailty and Cognitive Decline: A Lebanese National Study**
Nathalie Yaghi, LD, PhD - Assistant Professor, Nutrition Department, Faculty of Pharmacy,
Saint Joseph University
- 15:15- 15:30** **Unmasking Frailty: A Call to Action in the Third Age**
Rami Abbas, PT, PhD - Associate Professor, Faculty of Health Sciences, Beirut Arab University
- 15:30-15:45** **From Successful Ageing to Healthy Ageing: Bridging Social and Physical Wellbeing**
Marvin Formosa, PhD - Associate Professor, Head of the Department of Gerontology,
Faculty for Social Wellbeing, University of Malta; Director,
International Institute on Ageing, United Nations, Malta
- 15:45-15:50** **Q&A**

Closing Session

Moderators: *Dr. Nisrine Bissar, Dr. Abdul Razzak Abyad*

- 15:50-16:20** **WHO Guidelines of Integrated Care for Older People "ICOPE"**
Samar El Feky, MBBCh, MPH - Regional Advisor , Health Promotion and Social Determinants of Health,
WHO-EMRO
- 16:20-16:35** **Elderly Care Policy and Programs in Lebanon**
Saadallah Sabouneh, MD - Director of Health Administration in North Lebanon
- 16:35- 16:50** **A word from the Order of Physicians-Tripoli**
Mahmmad Safi, MD - President of the Order of Physicians-Tripoli
- 16:50- 17:05** **Challenges of Nursing Care for the Elderly in Lebanon**
Rima Sassine Kazan, RN, PhD - President of the Order of Nurses in Lebanon
- 17:05 - 17:20** **A word from the Order of Pharmacists Lebanon**
Abdulrahman Merkbawi, BS - Vice President of the Order of Pharmacists in Lebanon
- 17:20-17:35** **closing remarks**